



OASC News and Notes



The Oconomowoc Area Senior Center is the go-to place providing educational, recreational, social, and wellness opportunities for seniors.



Notes From President Ginni Hicks

Bring on March, and with it, spring and longer periods of sunshine! Spring is the time I am very thankful to be part of the Midwestern weather world. It is also a good time to come to the Center to enjoy life, be active, and stay healthy!

There are many common interests at the OASC. Together, we gather around tables, walk side-by-side, learn new things, laugh often (very often!), and check in on one another. Sound like a club? According to Webster (remember him?), a club is defined as "a group of people organized around a common interest." That makes me smile and think of:

- Breakfast and Dinner Clubs
- Walking and Hiking Clubs
- Spanish Club
- Book Club
- Game and Card Club
- And so many more

Wait! We have that, but, what we really have at the Center is something more than clubs. We have belonging. There is something comforting about knowing that on any given day, there is a place to go and someone expecting you.

(Con't Page 10)

March 2026

- 2 Luncheon
- 2 Soup & Chili Sale
- 2, 9, 16, 23 & 30 Grt. Tours - Italy
- 4, 11, 18 & 25 Low-Impact Exer.
- 4, 11, 18 & 25 Tai Chi & Qigong
- 4, 11, 18 & 25 Pickleball
- 4 & 18 Woodcarving
- 5, 12, 19 & 26 Beg. Ping-Pong
- 5 & 19 UNO
- 6, 13, 20 & 27 Chess
- 6 & 20 Chair Yoga
- 6 & 20 International Dance
- 9 State of the City w/Mayor Magnus
- 10 Craft Class - Diamond Paint.
- 11, 24 & 25 Tech with Kate
- 11 & 25 Intergenerational Act.
- 13 Movie & Lunch
- 14 New Orleans/Memphis Trip
- 16 DockHounds Presentation
- 19 Better Sleep Presentation
- 19 & 26 Basket Class
- 20 Stretch Class
- 26 Potluck
- 27 Food & Nutrition
- 27 Coffee & Chat



**Soup & Chili Sale
Fundraiser
Monday, March 2
2:30 - 4 pm**

Join us after the luncheon and support the OASC by purchasing quarts of homemade soup and chili. A variety of delicious options will be available and each quart is only \$12.

Stock up on hearty soups and chili for a quick, comforting meal on a chilly evening. Don't miss out - it's a great way to enjoy a homemade treat while helping a great cause!

Please call the office at 262.567.4288 if you have any questions.



**State of the City
With Mayor Magnus
Monday, March 9
1 pm**

City of Oconomowoc Mayor Robert Magnus will give updates about city projects and initiatives as well as priorities for the upcoming year.

There will also be an opportunity for the audience to ask questions.

Please sign up in the office or call the Desk Volunteer at 262.567.4288.



OASC BOARD MEMBERS

DIRECTORS

- President** - Ginni Hicks
- Vice President** - Don Swain
- Secretary** - Peg Burow
- Treasurer** - June Anderson
- Ass't. Treasurer** - Lyle Phillips
 - Tom Aiani
 - Nancy Brickner
 - Pat Gartzke
 - Jonathan Griese
 - Pat Mikula
 - Mark Rectenwald
 - Annemarie Schmidt
 - Lisa Stafford
 - Jerry Tyrakowski
 - Terry Williams

COMMITTEE CHAIRS

- Bylaws & Policies-** Annemarie Schmidt
- Facebook** - Kim Leppin
- Facilities** - Frank Hicks
- Finance** - Barb Webb
- Fundraising** - Pat Mikula
- Luncheon** - Pat Gartzke
- Membership** - Peg Burow
- Newsletter** - Linda Sallmann
- Travel** - Marilyn Smith

OASC Coordinator

Kathy Hamilton
coordinator@oconomowocseniors.org

Office Hours:

Monday-Friday
9 am-4 pm

210 South Main Street
Oconomowoc, WI 53066
262.567.4288

www.OconomowocSeniors.org



By Steve Hanneman

MEETING: AARP does not meet December through March.

AARP offers opportunities to take a Smart Drivers Class both in person and online.

Why take a defensive driving course? The course is a refresher course designed specifically for drivers age 50 and older. In some states, drivers may benefit from a discount on their auto insurance premium upon the completion of the course. An evaluation of the course found that 97% of participants changed at least one driving habit as a result of what they learned.

If you are a national AARP member, you can join the local chapter for \$5 a year. Why not join now and share the excitement of shaping the years ahead!

Check our Community Calendar on page 10 for local classes.



AARP Foundation Tax-Aide
By Appointment Only

You may schedule an appointment to have your taxes prepared at no charge. How can you make an appointment?

- Stop in at the Oconomowoc Area Senior Center,
- Go online and register through our website www.OconomowocSeniors.org, or
- Call 262.567.4288 Monday - Friday, 9:30 am - 3:30 pm.

Once you have received the email for your scheduled appointment, you will be provided instructions to prepare for your appointment.

You will need to bring:

- Your 2024 tax return and related papers.
- Your 2025 tax information.
- Picture ID and Social Security card.
- Completed Intake/Interview & Quality Review Sheet (available at the OASC or online).
- Your spouse - married couples are required to come together.

We are filling up fast!

***** News and Notes - Issue #2026-03 *****

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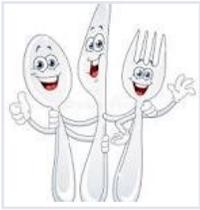
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News and Notes is published monthly by
the Oconomowoc Area Senior Center.

Newsletter Deadline

The deadline for ads and articles for the April 2026
OASC News and Notes is March 10.



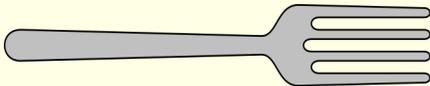
Monthly Luncheon Monday, March 2 12 Noon Lunch

The monthly luncheon will be held on Monday, March 2. The menu will be garden salad with French and ranch dressings, corned beef & cabbage, roasted baby red potatoes, carrots, and rye bread. Desserts will be donated by members.

We're delighted to welcome Ian Gould as our entertainment—an accomplished guitarist and singer from Belfast, Northern Ireland. Come and enjoy his quick wit and powerful, distinctive voice.

Reservations are due by noon on **Wednesday, February 25**. A maximum of 144 reservations is accepted and a wait list will be generated for all reservations beyond 144. You must cancel reservations by noon on **Wednesday, February 25**, to avoid paying for the lunch.

Thank you to Network Health & Advocate Insurance Solutions for sponsoring our entertainment.



The luncheon cost is \$14 for members and \$19 for non-members. Cash, checks payable to OASC, and credit cards are accepted; a 3% convenience fee will be added if paying by credit card.

Arrive early to avoid a long check-in line. You can renew your membership for 2026, sign up for the April luncheon and purchase both travel and 50/50 raffle tickets plus gift cards. In addition, a nurse will be available to check your blood pressure before lunch.

February Luncheon





New Members

- | | |
|----------------------|-------------------|
| Rosalie Bruksy | Karen Laabs |
| Jill Buehler | Todd Millpointer |
| Tony Casper | Yvonne Moroni |
| Leslie Chrisholm | Patty Lee Olson |
| Jacqueline Chrisholm | Mary Reddy |
| Sandy Fraune | Jayne Roberts |
| Kevin Freidt | Glenda Rosenberg |
| Michael Guzanick | Judith Steidl |
| Susan Haugh | Ingrid Strauss |
| Kathy Hesorich | Barbara Sylvester |
| Eldred Kloida | Sheila Timm |



Thanks to the Following Members for the February Luncheon Desserts!

- | | |
|---------------------|-------------------|
| June Anderson | Ardy Senfleben |
| Linda Braunschweig | Judy Smith |
| Nancy Connell | Lou & Pat Soefker |
| Anna Marie Filipiak | Debbie Stich |
| Carol Gonzales | Carrie VanVleet |
| Sandy Jarrett | Terry Williams |
| Kim Leppin | Sue Zimmer |
| Mary Jo Levene | |



Don't Forget
Spring Forward
March 8, 2026

Basket Class
Oversized Egg
Thursdays
March 19 & 26
9 am - 12 pm
\$15



Winners Drawn at the February Luncheon



- Lynn Czech - a free luncheon in March.
- Terry Williams - a free luncheon in March for bringing a guest.
- Debbie Kretschmer - \$71 in the 50/50 raffle drawing.
- Lisa Stafford - \$71 in the 50/50 raffle drawing.
- Carolyn Masterson - \$70 in the 50/50 raffle drawing.
- Suzanne Zimmer - a \$49 gift certificate in the Travelin' Troupe raffle.
- Carol Nuernberger- a \$49 gift certificate in the Travelin' Troupe raffle.
- Carol Nuernberger - a \$48 gift certificate in the Travelin' Troupe raffle.
- Anna Marie Filipiak - a \$25 gift certificate from the Travelin' Troupe January newsletter drawing.
- Jim Nehls and Bekki Ow-Arhus - each a \$50 Travelin' Troupe gift certificate by an anonymous donor from the luncheon drawing.

Just in time for Easter! Join facilitator Jane Imrie to weave this oversized egg. The woven egg is approximately 6 inches tall and starts with a solid wooden slotted base. The finished egg is decorated with pip berries and a bow with an Easter embellishment.

At registration participants will have a choice of weaving either a pink or purple egg and see the list of supplies needed.

Sign up in the office or call the Desk Volunteer at 262.567.4288. Limit 10 participants.



International Dancing Fridays March 6 & 20 11:30 am

Our International Dance class always welcomes new dancers! No partner required and no experience required. If you'd like to learn how to folk dance, stay active, and/or meet new people, come on out on the 1st, 3rd, and 5th Friday of each month at 11:30 and we'll teach you village folk dances from around the world! We hope you'll drop in and give it a try!

Sign up in the office or call the Desk Volunteer at 262.567.4288.



**Movie & Lunch
Friday, March 13
Arrive 11:15 am**

Nonnas

After the loss of his beloved mother, a man risks everything to honor her memory by opening an Italian restaurant. *Nonnas* is a heartwarming story about family, love, and Italian culture. Follow his emotional journey as he builds a restaurant run by grandmothers.

Cast: Vince Vaughn, Lorraine Bracco, Talia Shire

Genre: Comedy, Heartfelt, Uplifting

1 Hour 51 Minutes, PG

Note: Lunch begins at 11:15 am with the movie starting at 11:30 am. **A \$10 fee** includes a Cousins sub sandwich or salad, bag of chips, and beverage.

*** There is an attendance limit of 24 for the showing of each movie. Reservations are necessary by noon the day previous to the movie date.**

Travelin' Troupe Entry Form

Chance to Win a \$25 Travel Gift Certificate

Entry Deadline: March 31

Name _____

Address _____

City _____ State _____ ZIP _____

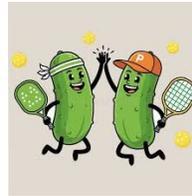
Telephone _____

E-Mail (optional) _____

Drop off the entry form at the Center's volunteer desk or mail to OASC-Travelin' Troupe, 210 S. Main Street, Oconomowoc, WI 53066.

One winner will be drawn at the **April 6** luncheon, but you do not need to be present to win.

Only **one** entry per person; multiple entries will be **disqualified**.



**Indoor Pickleball
Wednesdays in March
10-12 pm or 12-2 pm
\$15**

Hey pickleballers and pickleball wannabees, everyone is loving indoor pickleball at Crosspoint Community Church Gym. We are offering two classes, 10-12 pm and 12-2 pm throughout winter. Beginners are always welcome along with all levels—knowing that we understand that the OASC is all about fun. Due to its popularity, we will be limiting the group size to 18 to assure maximum playing time for each player.

The fee for the month of March will be \$15 to cover the cost of the gym. When registering, you will be paying for all 4 weeks - no partial months.

Sign up in the office or call the Desk Volunteer at 262.567.4288. But hurry! First come, first served!



**Tai Chi & Qigong
Wednesdays in March
10:30 am ~ \$5**

Tai Chi & Qigong will be moving its day to Wednesdays through tax season. Plan to attend this gentle mind-body practice to enjoy and improve balance, flexibility, strength, and overall well-being.

Book Club

**Wednesday, March 4
10:30 am**



The next meeting of the OASC Book Club will be held at the Center for discussion of the book *Saturday Night at the Lakeside Supper Club* by J. Ryan Stradal.

The group meets the first Wednesday of each month. Carol Gonzales facilitates the discussion.

The book for April will be *The Second Life of Marielle West* by Amanda Skenandote.

You may call the Desk Volunteer at 262.567.4288 with any questions.



**UNO Card Game
Thursdays, March
5 & 19
10 am**

Join us to play the fun and exciting game of UNO with surprise twists, wild cards, and lots of laughs!

Whether you're a seasoned pro or brand new to the game, everyone is welcome.

Sign up in the office or call the Desk Volunteer at 262.567.4288.

Senior Center Contributors

Advocate Insurance Solutions

Pat Carrivean

Martin & Lynn Czech

Nancy Jappinen

Network Health

Rose Worden

Anonymous

Weekly Meal Gathering

James & Mary Funke

Journey 21

Tom Speaker

**Hiking
Anyone Interested?**



Time outdoors offers a natural way to relax and recharge. The fresh air, sunshine, and peaceful surroundings help melt away stress and clear the mind. Nature has a way of restoring our energy.

And, of course, there are the health benefits. Hiking improves balance, strengthens muscles, supports heart health, and boosts mood. It's a low-impact activity that can be enjoyed at your own pace.

There will be an interest sign up sheet at the office. Stop in or call the Desk Volunteer at 262.567.4288.

We appreciate all donations large and small. Donations to the Oconomowoc Area Senior Center are tax deductible as allowed by law. We are a 501(c)(3) organization and depend on the generous donations of our members and supporters.

Seams & Hems by Suzy



This free, member-only service will be back on April 2! You may drop off a clothing item needing minor altering (hemming or repair of a seam). Call the office at 262.567.4288 for more information or to schedule an appointment.

Watch for more details in the April newsletter.



**Craft Class
Diamond Painting
Bookmarks
Tuesday, March 10
1 pm - \$3**

Relax while combining paint-by-number with cross-stitch where you'll stick colorful resin diamonds on a pre-printed canvas.

Join us for this creative class. Jacqueline Day will be the facilitator.

Sign up in the office or call the Desk Volunteer at 262.567.4288. Limit 12 participants.



April 2 - Seams & Hems

April 12 - Pancake Breakfast at OASC

April 14 - Craft Class - Button Plants

April 15 - Dinner Club - Happy Place

April 16 - Health & Wellness - Speech Therapy

April 20 - Topic of the Month - Clean Water

April 27 - Food & Nutrition - Food as Medicine

April 21 & 28 - Mini-Adventure Experience

April 30 - Leverage Your Health Workshop



Thank You!

Annual Fund Drive Contributors

We truly appreciate our members and others that so generously give to our Annual Fund Drive. Without this financial help, the OASC could not continue to provide all that we offer area seniors.

Operational/General Expenses

- Miles Gibson
- Jean Gichert
- Rudy & Diane Knutson
- Lyle Phillips
- Karen Warnes
- Kathy Loehr
- Mindy Wirth

Programs & Activities

- June Anderson
- Miles Gibson
- Jerry & Susan Hitchler
- Lyle Phillips

Upgrades

- Jerry & Susan Hitchler

Thank You also to our Anonymous Donors.



Piggly Wiggly Helps Us? How?

Here's how! The OASC receives a donation from the Piggly Wiggly receipts you save and drop off at the Center.

The amount we get is based on a percentage of the total of those receipts. We are reimbursed twice a year.

THANK YOU to our members who drop off Hartland and Oconomowoc Piggly Wiggly receipts at our Center! Keep it up, please!

DO NOT CUT OFF THE DATE OR NAME OF THE STORE.

The receipts can be any date within the present year or the previous year.

Coffee & Chat Friday, March 27 10 am



We're excited to host a **Coffee & Chat** focused on a fun topic—**your favorite hobby!** This is a casual gathering where we can take a break from our daily routines, enjoy some simple refreshments, and share a small snack while diving into what makes our free time special. Whether you paint, garden, knit, play music, hike, or have a hobby no one's ever heard of, we want to hear about it!

This is all about casual **conversation and connections**. There's no formal program—just a relaxed space to talk, laugh, and discover new interests from one another. Bring your stories, your curiosity, and maybe even a little inspiration for someone else to try something new. Let's sip, snack, and chat—because sometimes the best way to spend a morning is learning a little more about the things we love.

Sign up in the office or call the Desk Volunteer at 262.567.4288.

Happy St. Patrick's Day



Tech with Kate Wednesday, March 11 & 25 9 am - Noon Tuesday, March 24 4:30 - 6 pm

Receive specialized tips and troubleshooting on your device! Bring your phone, tablet, e-reader, or other device and all of your questions. Kate will be here to provide one-on-one assistance and answer your tech questions.

Sign up in the office or call the Desk Volunteer at 262.567.4288 to schedule your 30-minute appointment with Kate.



OASC Fundraiser Gift Cards

Treat yourself, or purchase one for someone special. Purchasing gift cards from the Center helps raise money that can be used for our Center's expenses. Please purchase them at the volunteer desk. Cash, check payable to OASC, or credit cards accepted. There will be a 3% convenience fee on credit card purchases. Please note we can fulfill special orders from many vendors not mentioned below. Call Lyle Phillips at the Center 262.567.4288 for a list of all available gift cards. Pre-orders are appreciated.

VENDOR	Denominations	OASC %	VENDOR	Denominations	OASC %
Ace Hardware	\$25	4%	Marcus Theatres	\$25	8%
Amazon	\$25	1.7%	Marshalls/TJ Maxx/ Home Goods	\$25	7%
Barnes & Noble	\$10	8%	McDonald's	\$10	2%
Buffalo Wild Wings	\$25	8%	Meijer	\$25, \$50	3%
Burger King	\$10	6%	Menard's	\$25	3%
Chili's	\$25	11%	Noodles & Co.	\$10	8%
Cousins	\$10	9%	Olive Garden	\$25	8%
Dairy Queen	\$10	6.5%	Panera	\$10, \$25	8%
Domino's	\$10	8%	Papa Murphy's	\$10	8%
Dunkin Donuts	\$10	3.5%	Piggly Wiggly	\$25, \$50, \$100	3%
Fleet Farm	\$25	3.5%	Pizza Hut	\$10	8%
Great Harvest Bread	\$10, \$25	6%	Sendik's	\$25, \$50, \$100	4%
Kohl's	\$25, \$100	7%	Starbucks	\$10	4.5%
Kroger Co. Stores	\$25, \$50, \$100	4%	Subway	\$10	4.5%
<u>KWIK TRIP OFFERS:</u>			Taco Bell	\$10	5%
Kwik Trip	From \$25 - \$100	5%	Target	\$25	2.5%
Kwik Trip Car Wash	\$36 for 5 washes	44%	Visa	\$50, \$100	1.25%
Kwik Trip Fuel Only	From \$25 - \$100	5%	Walgreens	\$25	5%
Kwik Trip Grocery Only	From \$25 - \$100	15%	Walmart	\$25, \$50	2.5%
			Wendy's	\$10	4%

Ink/Toner Cartridge Recycling



We receive \$2 back per recycled cartridge through Office Depot's Reward Program. Office Depot will accept any brands from any stores. All monies earned will be used to purchase office supplies for the Center.

You may drop off your cartridges with the Desk Volunteer. Thanks for helping to protect our environment by keeping cartridges out of landfills!

Kwik Trip Ultimate Car Washes

5 Washes on One Card for Only \$36



Support the OASC by purchasing your Kwik Trip car wash cards from us. Keep your car looking its best with this great car wash deal valued at \$50 and able to be used at any Kwik Trip location! Stop in the office and pick one up today for you or someone you know! Tell your friends and neighbors.



Travelin' Troupe



New Orleans, LA & Memphis, TN Extended Trip

March 14 - 21, 2026

\$1,995 Per Person Double Occupancy

\$2,595 Per Person Single Occupancy

Wait List

Chicago Tribute Anthology

Memories Theater - Port Washington

Saturday, April 18, 2026

Price: \$116

"Night Fever" - The Bee Gees Tribute

Memories Theater - Port Washington

Saturday, May 30, 2026

Price: \$115

Wait List

Diamond Jo Casino Trip

Date: TBD

Dubuque, Iowa

Price: \$45

Crane Foundation and Dells Upper Boat Tour

Thursday, July 23, 2026

Wisconsin Dells

Price: \$105



Texas Adventure ... Cowboys, Mission Control, and the Riverwalk Extended Trip

September 22 to October 1, 2026

Price: \$2,295 Per Person Double Occupancy

\$2,995 Per Person Single Occupancy

Celebration Belle Dubuque, Iowa to Savanna, Illinois 5 Hour - Fall Color Trip

Friday, October 9, 2026

Price: \$125

See registration forms for more details and to sign up. Registration forms for all of our trips are available at OASC or on our website www.OconomowocSeniors.org.



Trip Pick-Up Location Has Changed

Please Note: Our pick-up location for our Travelin' Troupe trips has changed. Our new location is the Oconomowoc Police Station (across from George Webb's) 630 E. Wisconsin Ave.



Traveling with the OASC on a senior bus trip offers a unique blend of adventure and social connections that rejuvenate the spirit. Watching the landscape roll by you, can relax in comfortable seats and leave the "driving to us."



Community Calendar



- **Senior Meal Gathering** - Wednesdays, 12-1 pm, Oconomowoc Area Senior Center, 210 S Main Street. Registration required - limited seating. Donations are welcome. Call 262.567.4288 for more information.
- **Fish Fry** - Friday, March 6 & 27, 4:30-7:00 pm at St. Jerome Parish Cafeteria, 1001 S. Silver Lake Street. Sponsored by Oconomowoc Knights of Columbus. AYCE served buffet with baked and fried cod. Adults \$15; Ages 4-11 \$5; Under 4 free. There is an extra charge for desserts, beer, and soda. Carry-outs are also \$15. Call ahead, 262.569.3032 or stop in.
- **Spring Ladies Night "Bloom & Stroll"** - Thursday, March 12, 5 - 8 pm along Wisconsin Ave. in downtown Oconomowoc. Sip-n-Shop, stroll through businesses, and enjoy special themed events.
- **Boston Imposters** - Friday and Saturday, March 13 & 14, 7 pm, at Oconomowoc Arts Center, 641 E Forest Street. OHS alum Davey Harrison returns to the OAC's Cabaret Café with his wife Maire Clement. The duo blends beautiful vocal harmonies, accompanied by acoustic guitar, mandolin, and banjo, to craft heartfelt original songs. Tickets: \$39 Regular, \$34 Senior (60+) & Military (with ID), and \$18 Youth (6-19). Dinner available for an additional \$19 (Dinner Option closes March 5).
- **AARP Smart Drivers Class** - These courses are refreshers designed specifically for drivers age 50 and older. For more information call each location: Aurora Medical Center Summit, 262.434.1950, Walworth County Department of Health and Human Services, 262-741-3309, and City of Pewaukee, 262-691-7276.

OASC Policy

For the safety of all members, our facility is smoke-free, tobacco-free, and alcohol-free. Firearms are prohibited in the Center.

(Pres. Notes cont'd from Page 1)

The Oconomowoc Area Senior Center focuses on one purpose—to create opportunities for seniors to find connection, engagement, wellness, and joy. Not just activities to fill a calendar, but meaningful, vibrant moments that fill a life. And we want to share it with all seniors!

We now have a group of dedicated volunteers serving on our Strategic Plan Committee. Their task is to carefully reflect on who we are, what we do especially well, and how we can prepare responsibly for the years ahead.

We know we are growing. We feel it when rooms are shared, when chairs are carried from space to space, when schedules and rooms are balanced so everyone has a place. We feel it in the energy and the need each day. So we are asking:

- How do we continue to serve everyone who wants to participate?
- How do we make room literally and figuratively for more opportunities to connect?
- How do we thoughtfully plan for space, partnerships, and support so that the OASC remains strong for the next generation of seniors?

Strategic planning may sound formal, but at its heart, it is simply caring enough about something good to ensure it continues.

If you have thoughts, ideas, questions, or quiet dreams about what the OASC could become, please share them. This Center has always been member-driven and volunteer-powered. Its strength comes from the people who walk through the doors. It belongs to all of us in the OASC senior community serving the greater Oconomowoc area.

With that in mind, I encourage every City of Oconomowoc resident to attend the March 18 Candidates Forum at Shorehaven for the mayoral and aldermanic candidates. Please go, listen carefully, and ask thoughtful questions. What do they see as the City's role in helping the OASC address our space needs while remaining independent in its operations?

And for those outside the city, reach out to your own municipal leaders. Ask: How can your community support the OASC? What role can it play in sustaining and strengthening this resource for seniors?

Oh, if you know of a generous OASC benefactor or two, or three, please send them our way! We would love to talk with them. :)

Clubs are wonderful, but community is what carries us forward.

Happy St. Patrick's Day and Happy Spring! Ginni



**Topic of the Month
Batter Up With the
Lake Country Dockhounds
Baseball**



Monday, March 16 - 1 pm

Join us as we learn more about the American League of baseball, the origins of the DockHounds, and more.

Our facilitator Justin Hunt, Director of Sales and Activation since 2022 will bring the game to life with stories and insights from his years playing in youth and minor leagues. His enthusiasm for baseball is contagious!

Keep your eye on the ball. You never know what might come your way.

Sign up in the office or call the Desk Volunteer at 262.567.4288.



**Meet Your Candidates March 18
6:30 - 8 pm**

Lake Terrace residents on the Shorehaven campus are hosting an opportunity to meet the candidates in Oconomowoc's April 7 election. Oconomowoc mayoral and aldermanic candidates will convene Wednesday, March 18, from 6:30 to 8 pm at the Lake Terrace Clubhouse, 1380 W. Wisconsin Ave., Oconomowoc. This is the public's and residents' opportunity to meet candidates and ask a variety of questions in an informal setting.

**Food and Nutrition
Food as Medicine
Friday, March 27
1:30 pm ~ \$2**



In celebration of National Nutrition Month, join us for an engaging presentation on using food as medicine. Discover how the right foods can boost energy, strengthen immunity, and support brain health.

The program will also include an interactive activity and a light snack.

Sign up in the office or call the Desk Volunteer at 262.567.4288.



**Breakfast Club
Friday, March 20**

Join the monthly breakfast group on the third Friday at Café LaBelle for breakfast and socializing with other OASC members. An order-off-the-menu event, you will pay directly at the restaurant.

Call 262.567.4288 or sign up at the office to help reach an accurate count for the reservation.

**Chair Yoga
Fridays, March 6 & 20
1 pm**



Join Dianne Thayer for guided chair yoga to improve muscle tone, strength, and balance while seated.

Chair yoga is perfect for all fitness levels, with gentle movements designed to enhance flexibility, reduce stress, and promote overall well-being. A wonderful way to practice yoga!

Sign up in the office or call the Desk Volunteer at 262.567.4288.

**Potluck Supper
Thursday, March 26**

4:45 pm Arrive ~ 5:00 pm Potluck

Join us for this OASC favorite - good food and a great opportunity for socializing! The theme for this potluck event is Soup & Salads. Please see the sign-up sheet in the office to avoid duplications. Since friends and family are always welcome, spread the word!

Let us know if you will be attending by signing up in the office or call the Desk Volunteer at 262.567.4288.



**Health & Wellness
Better Sleep
Thursday, March 19
2:30 pm**

One in three adults do not get enough sleep! Join us in hearing from Dan Michaels, Community Health Educator with Waukesha County Public Health, as he discusses how to learn what stops us from sleeping well—and how to fix it!

Sign up in the office or call the Desk Volunteer at 262.567.4288.



**Chess Club
Fridays in March
1 pm**

Love chess? Join us for a fun and friendly game. All skill levels welcome!

Sign up in the office or call the Desk Volunteer at 262.567.4288.



Sunshine Committee

The Sunshine Committee sends cards to cheer members who are experiencing difficulties such as serious health issues or the loss of a spouse or loved one.

Please contact Kathy Hamilton through email at coordinator@oconomowocseniors.org or call the office at 262.567.4288 to suggest some sunshine be sent.



Blood Pressure Check

A nurse is available every Monday, 11-11:30 am, to take blood pressure readings. This is also available upstairs at the luncheons. No fee.



**Euchre
Saturdays
1 pm**

Stop in and join us on Saturdays for a game or two of Euchre.

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Games, Activities, and Classes

GAMES

- Bags (Cornhole)** - 1st & 3rd Fridays, 9 am.
- Bingo** - Senior Center members only! - 1st & 3rd Fridays, 1 pm.
- Bunco** - Tuesdays, 12:30 pm. Fun dice game.
- Chess** - Fridays, 1 pm
- Cribbage** - Tuesdays, 10 am.
- Dartball** - Tuesdays, 9:30 am.
- Euchre** - Tuesdays, 2:15 pm & Saturdays, 1 pm.
- Farkle/10,000** - Thursdays, 10:30 am. Fun dice game.
- Five Crowns** - 1st, 3rd, & 5th Tuesdays, 10 am. Rummy-style card game.
- Hand and Foot** - Mondays, 1 pm. A game played like Canasta - only on steroids.
- Mah-Jongg** - Thursdays, 1 pm. Beginner and Intermediate.
- Mexican Train Dominoes** - 3rd & 4th Wednesdays, 1 pm.
- Ping-Pong** - Mondays & Thursdays, 9 am.
 Beginner - Thursdays, 11:15 am.
- Poker** - Fridays, 9 am.
- Pool** - Wednesdays & Fridays, 9 am.
- Scrabble** - 1st, 3rd & 5th Wednesdays, 1:30 pm.
- Sequence** - Sundays, 1 pm.
- Sheepshead** - Mondays, 9 am & Wednesdays, 11:30 am.
- Sorry! Board Game** - Fridays, 10 am.
- UNO** - 1st, 3rd & 5th Thursdays, 10 am.

ACTIVITIES

- Book Club** - 1st Wednesday, 10:30 am.
- Breakfast Club** - 3rd Friday, 8 am, Café LaBelle at Shorehaven. **Registration is required.**
- Intergenerational Activity** - 2nd & 4th Wednesdays, 1 pm.
- Luncheon** - 1st Monday of month at 12 Noon. **Registration is required.**
- Movie & Lunch** - 2nd Friday, 11:15 am. Current movie with lunch for \$10. **Registration is required.**
- Music Makers** - 2nd & 4th Wednesdays, 1 pm. Bring an instrument, your voice, or a listening ear.

ACTIVITIES (con't)

- Pickleball** - Wednesdays, 10 am, Crosspoint Community Church gym. **Registration is required.**
- Spanish Conversation** - Wednesdays, 2 pm.
 Beginner Spanish - Wednesdays, 1:30 pm
- Walking Club** - Wednesdays & Saturdays, 8:30 am, upstairs in the Clubhouse. Get those steps in!

CLASSES

- Basket Weaving** - Some months throughout the year. Learn how to make a basket. There is a charge for the materials. **Registration is required.**
- Card Making** - 1st Wednesday, 1:30 pm. \$6 fee per class. **Registration is required.**
- Chair Yoga** - 1st, 3rd, & 5th Fridays, 1 pm.
- Craft Class** - 2nd Tuesday, 1 pm. There may be a fee. **Registration is required.**
- International Dance** - 1st, 3rd, & 5th Fridays, 11:30 am.
- Knitting/Crocheting Class** - 1st, 3rd, & 5th Thursdays, 1 pm. Relax, socialize, and learn the craft.
- Line Dancing** -
 Advanced Beginner class is Thursdays, 12:30 pm, \$2 fee per class for members.
 Beginner class is Thursdays, 1:15 pm. \$1 fee per class for members.
- Low-Impact Exercise** - Wednesdays, 9:15 am.
- Stretch Class** - 3rd Fridays, 9:30 am.
- Tai Chi & Qigong** - Wednesdays, 10:30 am. \$5 fee per class.
- Tech With Kate** - Wednesday & Tuesday-times/dates vary. **Registration is required.**
- Ukulele & Strings** - 2nd & 4th Saturdays, 1 pm.
- Woodcarving** - 1st & 3rd Wednesdays, 9 am. Bring your tools.

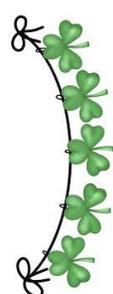
PLEASE NOTE: If you are a current member of the OASC, you can attend most activities free! **Non-members are charged \$5 to attend.**

For more information on any of the games, activities, and classes, please call the Senior Center at 262.567.4288.

OASC Membership Dues
\$25/Calendar Year

OASC CALENDAR – March 2026



MON	TUES	WED	THURS	FRI	SAT/SUN
<p>29 9 am Ping-Pong 9 am Sheepshead 11 am Blood Pressure Ck 12 pm Luncheon* 2:30 Soup Sale Fundraiser 1 pm Hand & Foot 6:30 pm Great Tours Italy*</p>	<p>3 9 am Tax-Aide* 9:30 am Dartball 10 am Cribbage 10 am Five Crowns 12:30 pm Bunco 2:15 pm Euchre</p>	<p>4 8:30 am Walking Club 9 am Pool 9 am Woodcarving 9:15 am Low-Impact Exercise 10 am Pickleball* 10:30 am Book Club 10:30 am Tai Chi & Qigong 11:30 am Sheepshead 1:30 pm Card Making* 1:30 pm Scrabble 1:30 pm Beginner Spanish 2 pm Spanish Conversation</p>	<p>5 9 am Ping-Pong 10 am UNO Card Game 10:30 am Farkle/10,000 11:15 am Beginner Ping-Pong 12:30 pm Line Dancing 1 pm Knit/Crochet 1 pm Mah-jongg 1:15 pm Line Dancing - Beg.</p>	<p>6 9 am Bags 9 am Poker 9 am Pool 10 am Activities Mtg 10 am Sorry! Board Game 11:30 am International Dance 1 pm Bingo (Members Only) 1 pm Chair Yoga* 1 pm Chess</p>	<p>1 1 pm Sequence</p>
<p>9 9 am Ping-Pong 9 am Sheepshead 10 am Fundraiser Mtg 11 am Blood Pressure Ck 1 pm Hand & Foot 1 pm State of the City* 6:30 pm Great Tours Italy *</p>	<p>10 9 am Tax-Aide* 9:30 am Dartball 10 am Cribbage 12:30 pm Bunco 1 pm Craft Class* 2:15 pm Euchre</p>	<p>11 8:30 am Walking Club 9 am Pool 9 am Tech with Kate* 9:15 am Low-Impact Exercise 9:30 am Mobile Nails* 10 am Pickleball* 10:30 am Tai Chi & Qigong 11:30 am Sheepshead 1 pm Music Makers 1:30 pm Beginner Spanish 2 pm Spanish Conversation</p>	<p>12 9 am Ping-Pong 10:30 am Farkle/10,000 11:15 am Beginner Ping-Pong 12:30 pm Line Dancing 1 pm Mah-jongg 1:15 pm Line Dancing - Beg.</p>	<p>13 9 am Tax-Aide* 9 am Poker 9 am Pool 10 am Sorry! Board Game 11:15 am Movie & Lunch* 1 pm Chess</p>	<p>14 8:30 am Walking Club 1 pm Euchre 1 pm Ukulele & Strings New Orleans/Memphis Trip</p> <p>15 1 pm Sequence</p>
<p>16 9 am Membership Mtg. 9 am Ping-Pong 9 am Sheepshead 10 am Marketing Mtg 11 am Blood Pressure Ck 1 pm Hand & Foot 1 pm DockHounds Pres.* 6:30 pm Great Tours Italy *</p>	<p>17 9 am Tax-Aide* 9:30 am Dartball 10 am Cribbage 10 am Five Crowns 12:30 pm Bunco 2:15 pm Euchre</p>	<p>18 8:30 am Walking Club 9 am Pool 9 am Woodcarving 9:15 am Low-Impact Exercise 10 am Pickleball* 10:30 am Tai Chi & Qigong 11:30 am Sheepshead 1 pm Mexican Train Dominoes 1:30 am Scrabble 1:30 pm Beginner Spanish 2 pm Spanish Conversation</p>	<p>19 9 am Basket Class* 9 am Ping-Pong 10 am UNO Card Game 10:30 am Farkle/10,000 11:15 am Beginner Ping-Pong 12:30 pm Line Dancing 1 pm Knit/Crochet 1 pm Mah-jongg 1:15 pm Line Dancing - Beg. 2:30 pm Better Sleep Pres.*</p>	<p>20 8:00 am Breakfast Club* 9 am Bags 9 am Poker 9 am Pool 9:30 am Stretch Class 10 am Sorry! Board Game 11:30 am International Dance 1 pm Bingo (Members Only) 1 pm Chair Yoga* 1 pm Chess</p>	<p>21 8:30 am Walking Club 1 pm Euchre</p> <p>22 1 pm Sequence</p>
<p>23 9 am Ping-Pong 9 am Sheepshead 11 am Blood Pressure Ck 1 pm Hand & Foot 6:30 pm Great Tours Italy*</p>	<p>24 9 am Tax-Aide* 9:30 am Dartball 10 am Cribbage 12:30 pm Bunco 1:30 pm ADRG Ben Spec* 2:15 pm Euchre 4:30 pm Tech with Kate*</p>	<p>25 8:30 am Walking Club 9 am Mobile Nails 9 am Pool 9 am Tech with Kate* 9:15 am Low-Impact Exercise 10 am Pickleball * 10:30 am Tai Chi & Qigong 11:30 am Sheepshead 1 pm Mexican Train Dominoes 1:30 pm Beginner Spanish 2 pm Spanish Conversation</p>	<p>26 9 am Basket Class* 9 am Ping-Pong 10 am Bylaws & Policies Mtg. 10:30 am Farkle/10,000 11:15 am Beginner Ping-Pong 12:30 pm Line Dancing 1 pm Mah-jongg 1:15 pm Line Dancing - Beg. 4:45 pm Potluck*</p>	<p>27 9 am Tax-Aide* 9 am Poker 9 am Pool 10 am Coffee & Chat 10 am Sorry! Board Game 1 pm Chess 1:30 pm Food & Nutrition*</p>	<p>28 8:30 am Walking Club 1 pm Euchre 1 pm Ukulele & Strings</p> <p>29 1 pm Sequence</p>
<p>30 9 am Ping-Pong 9 am Sheepshead 9:30 Board Meeting 11 am Blood Pressure Ck 1 pm Hand & Foot 6:30 pm Great Tours Italy*</p>	<p>31 9 am Tax-Aide* 9:30 am Dartball 10 am Cribbage 10 am Five Crowns 12:30 pm Bunco 2:15 pm Euchre</p>		<p>Office Hours: M-F 9 am - 4 pm 262-567-4288 *Reservations Needed</p>	