



# OASC News and Notes



*The Oconomowoc Area Senior Center is the go-to place providing educational, recreational, social, and wellness opportunities for seniors.*



## Notes From President Ginni Hicks

May brings hope, renewal, growth, warmer temps, picnics, and the beauty of the outdoors. And so many opportunities for thanks! Let's remember and, in our own way, thank those who died fighting for our freedom, country, and future. And thanks to our mothers. If we think about it, we all have a special memory, day, or moment that brings us that full feeling of thanks.

Let's begin with a special thanks to the pancake breakfast committee under the direction of June Anderson. This year's fundraiser was delicious and successful--a job well done. Thank you to those who helped, participated, and came to partake.

Thank you to all who supported the Senior Center through our annual fund drive. Many members and businesses contributed towards general operations, programs, and activities. We can do what we do because of your generosity and your year-round donations.

Thanks to the Oconomowoc Area Foundation for the grant we received. Watch the progress by looking down at the floor and seeing how easily those tables roll. Soon (on order!), we won't have to figure out our current tricky AV system.

(Con't Page 10)

## May 2026

- 1, 15 & 29 Chair Yoga
- 1, 15 & 29 International Dance
- 1, 8, 15, 22 & 29 Chess
- 1 & 15 Stretch Class
- 2, 14, 16 & 28 Hiking Club
- 4 Luncheon
- 5, 12, 19 & 26 Tai Chi & Qigong
- 6 & 20 Woodcarving
- 6, 13, 20 & 27 Low-Impact Exer.
- 6, 13, 20, & 27 Pickleball
- 7 & 21 UNO
- 7, 14, 21 & 28 Beg. Ping-Pong
- 7, 14, 21 & 28 Bridge
- 8 Movie and Lunch
- 12 Craft Class
- 13, 19 & 27 Tech with Kate
- 18 Great Courses
- 18 Topic of the Month Presentation
- 20 Dinner Club - Jordy's
- 21 Health & Wellness Presentation
- 22 Food & Nutrition Presentation
- 27 Intergenerational Activities



## OASC Hiking Club

**Saturdays, May 2 & 16 - 10 am**

**Thursdays, May 14 & 28 - 4 pm**

Join us in May as we launch the new OASC Hiking Club! There are 4 easy hikes planned this month providing opportunities for all. We'll use your feedback to plan future events. Wear sturdy shoes for uneven terrain, and bring a water bottle. Hikes will happen rain or shine! In the event of severe weather, they could be cancelled without notice. This month's hikes will be at Bark River, Delafield, and Chapman Park, Oconomowoc. You can pick up a map and directions in the office.

You may call the Desk Volunteer at 262.567.4288 with any questions.



## Living Well with

## Osteoarthritis

**Thursday, May 21 - 2:30 pm**

Learn the symptoms, causes, and risk factors of having osteoarthritis, as well as how it differs from other forms of arthritis.

Also, learn how to manage your arthritis and its symptoms through a variety of self-management measures, medications, and alternative and complementary treatments.

Associate Director of the Wisconsin Arthritis Foundation Leah Delaney will be the leader of this informative discussion.

Sign up in the office or call the Desk Volunteer at 262.567.4288.



By Steve Hanneman

### OASC BOARD MEMBERS

#### DIRECTORS

- President** - Ginni Hicks
- Vice President** - Don Swain
- Secretary** - Peg Burow
- Treasurer** - June Anderson
- Ass't. Treasurer** - Lyle Phillips
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#### COMMITTEE CHAIRS

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Annemarie Schmidt
- Facebook** - Kim Leppin
- Facilities** - Frank Hicks
- Finance** - Barb Webb
- Fundraising** - Pat Mikula
- Luncheon** - Pat Gartzke
- Membership** - Peg Burow
- Newsletter** - Linda Sallmann
- Travel** - Marilyn Smith

#### OASC Coordinator

Kathy Hamilton  
coordinator@oconomowocseniors.org

**Office Hours:**  
**Monday-Friday**  
**9 am-4 pm**

**210 South Main Street**  
**Oconomowoc, WI 53066**  
**262.567.4288**  
[www.OconomowocSeniors.org](http://www.OconomowocSeniors.org)

**MEETING:** Monday, May 18, 10 am – OASC Room 2

#### PROGRAM

This month we will discuss Preserving Family Mementos, an interesting topic presented by AARP on June 5, 2020, and written by Edward C. Baig of AARP. You can find the article online at the AARP website under the Family & Relationships topic.

The article was written during the COVID lockdown where many people were taking the time to sort through their shelves and boxes with the goal of purging items that were not needed. However, many people discovered keepsakes and photos that had important meaning for their family.

We will discuss our personal efforts to preserve family mementos and also review the technology available and firms that can help with efforts to preserve photographs.

On another note, just a reminder of the upcoming AARP Smart Drivers Course on June 17 at Aurora Medical Center Summit. Call 262.434.1950 to register.

#### BUSINESS MEETING

A business meeting will follow the presentation.

#### MEMBERSHIP

If you are a national AARP member, you can join the local chapter for \$5 a year. Why not join now and share the excitement of shaping the years ahead!



#### \*\*\* News and Notes - Issue #2026-05 \*\*\*

**Editor:** Linda Sallmann: Email lsallmann@oconomowocseniors.org

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*News and Notes* is published monthly by the Oconomowoc Area Senior Center.

#### Newsletter Deadline

**The deadline for ads and articles for the June 2026**  
**OASC News and Notes is May 10.**



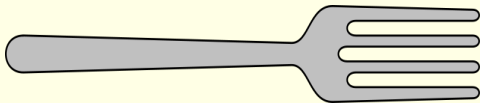
### Monthly Luncheon Monday, May 4 Noon Lunch



The monthly luncheon will be held on Monday, May 4. The menu will be garden salad with French and ranch dressings, beef tips, egg noodles, and mixed vegetable blend. Desserts will be donated by members.

We're pleased to welcome Michael Joseph as our featured entertainer. Enjoy a wide-ranging musical journey—from Frank Sinatra and classic rock to hits from the '90s and Taylor Swift.

Reservations are due by noon on **Wednesday, April 29**. A maximum of 144 reservations is accepted and a wait list will be generated for all reservations beyond 144. You must cancel reservations by noon on **Wednesday, April 29**, to avoid paying for the lunch.



**The luncheon cost is \$14 for members and \$19 for non-members.** Cash, checks payable to OASC, and credit cards are accepted; a 3% convenience fee will be added if paying by credit card.

Arrive early to avoid a long check-in line. You can sign up for the June luncheon and purchase both travel and 50/50 raffle tickets. In addition, a nurse will be available to check your blood pressure before lunch. Also, you could stop in the office and purchase gift cards.

### April Luncheon



### Meal Gathering



### Potluck



### Pancake Breakfast



### Bridge Thursdays 12:45 pm

The tables are set! Come join us for Bridge every Thursday afternoon.

You may call the Desk Volunteer at 262.567.4288 with any questions.



### Tai Chi & Qigong Tuesdays 10:30 am ~ \$5



Join Dr. Tai Yong Cao for this gentle mind-body practice designed to improve balance, flexibility, strength, and overall well-being.

You may call the Desk Volunteer at 262.567.4288 with any questions.



### Thanks to the Following Members for the April Luncheon Desserts!

Cindy Burdick

Frank Hicks

Lynn Czech

Jeanne Leidl

Jack Disbrow

Kim Leppin

GiGi Erdmann

Carol Nuernberger

Pat Gartzke

Judy Smith

Jan Gerbig

Carrie Van Vleet

Anita Gross

Terry Williams

Laurene Gunderson



### Chess Club Fridays 1 pm

Love chess? Join us for a fun and friendly game. All skill levels welcome.

You may call the Desk Volunteer at 262.567.4288 with any questions.

### Seams & Hems by Suzy Thursday, May 7 10 am - 12 pm



This is a free, member-only service offered by OASC member Suzy Rather! You may drop off a clothing item needing minor altering (hemming or repair of a seam).

See her on Thursday for "measuring and marking" and arrange for pickup.

Sign up in the office or call the Desk Volunteer at 262.567.4288.



### Winners Drawn at the April Luncheon

Beverly Fulmer - a free luncheon in May.

Josh Matti - a free luncheon in May for bringing a guest.

Kathy Hamilton - \$69 in the 50/50 raffle drawing.

Janet Smith - \$69 in the 50/50 raffle drawing.

Lynne Schnitzka- \$69 in the 50/50 raffle drawing.

Judi Lapointe - a \$43 gift certificate in the Travelin' Troupe raffle.

June Anderson - a \$43 gift certificate in the Travelin' Troupe raffle.

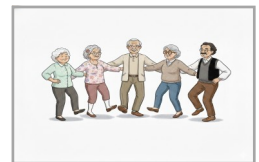
GiGi Erdmann - a \$42 gift certificate in the Travelin' Troupe raffle.

Sue Machones - a \$25 gift certificate from the Travelin' Troupe March newsletter drawing.

Jim Fulmer and Tony Mollgaard - each a \$50 Travelin' Troupe gift certificate by an anonymous donor from the luncheon drawing.

Kathy Peterson and Jim Nehls - each a gift certificate from Lorlebergs True Value.

### International Dance Fridays May 1, 15 & 29 11:30 am



Our International Dance class always welcomes new dancers! No partner or experience required. If you'd like to learn how to folk dance, stay active, and/or meet new people, come on out on the 1st, 3rd, and 5th Friday of each month at 11:30 and we'll teach you village folk dances from around the world! We hope you'll drop in and give it a try!

Sign up in the office or call the Desk Volunteer at 262.567.4288.



### Movie & Lunch Friday, May 8 Arrive 11:15 am

### Cabrinì

After witnessing disease and poverty in the slums of New York, Italian immigrant Francesca Cabrinì embarks on a daring journey to persuade the hostile mayor to provide housing and healthcare for hundreds of orphaned children.

**Cast:** Cristiana Dell'Anna, John Lithgow, David Morse

**Genre:** Biography, Drama, History

**2 Hour 22 Minutes, PG-13**

**Note:** Lunch begins at 11:15 am with the movie starting at 11:30 am. **A \$10 fee** includes a Cousins sub sandwich or salad, bag of chips, and beverage.

**\* There is an attendance limit of 24 for the showing of each movie. Reservations are necessary by noon the day previous to the movie date.**



### Pickleball Wednesdays 9:30 am



Spring is here and pickleball is moving outdoors to Westover Park! Whether you're a seasoned player or just curious to try it out, there's a spot for you on the court.

Come and enjoy America's fastest-growing sport! It's fun, easy to learn, and perfect for all ages and skill levels. It's a great way to stay active, meet new people, and soak up some sunshine!

Sign up in the office or call the Desk Volunteer at 262.567.4288.



### Come String Along with Us

All musicians welcome to join the fun. Bring your instruments, favorite music, voices, and talents to share every other week.

Interested? Sign up in the office or call the Desk Volunteer at 262.567.4288.

**Travelin' Troupe Entry Form**  
**Chance to Win a \$25 Travel Gift Certificate**  
**Entry Deadline: Friday, May 29**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Telephone \_\_\_\_\_

Email (optional) \_\_\_\_\_

Drop off the entry form at the Center's volunteer desk or mail to OASC Travelin' Troupe, 210 S. Main Street, Oconomowoc, WI 53066.

One winner will be drawn at the **June 1** luncheon, but you do not need to be present to win. Only **one** entry per person; multiple entries will be **disqualified**.



### Book Club Wednesday, May 6 10:30 am

The next meeting of the OASC Book Club will be held at the Center for discussion of the book *A Tree Grows in Brooklyn* by Betty Smith.

The group meets the first Wednesday of each month. Carol Gonzales facilitates the discussion.

The book for June will be *The Dutch House* by Ann Patchett.

You may call the Desk Volunteer at 262.567.4288 with any questions.



### UNO Card Game Thursdays, May 7 & 21 10 am

Join us to play the fun and exciting game of UNO with surprise twists, wild cards, and lots of laughs!

Whether you're a seasoned pro or brand new to the game, everyone is welcome.

Sign up in the office or call the Desk Volunteer at 262.567.4288.

### Food & Nutrition Wisconsin and Agriculture: From Cheese to Ginseng to Horseradish Friday, May 22 1:30 pm

Meet Alice in Dairyland, Sarah Hagenow, who will discuss the importance of Wisconsin agriculture, an industry with a 116.3 billion economic impact to our state's economy.

Learn about our diverse agricultural products and about the Alice in Dairyland Program.

A small snack will be provided.

Sign up in the office or call the Desk Volunteer at 262.567.4288.

### April Craft of the Month Button Flower Arrangements



## Welcome to our New Members

Kathleen Brady  
Joeseph Fischer  
Lois Jackson  
Patty Jackson  
Michael Lamp  
MJ Luellwitz  
Barbara Lurvey  
Lee Lurvey  
Dorene Martin  
Carrie Meschke  
Jan Moenning  
Millie Moldenhauer  
Ann Neumann  
Wally Neumann  
Mary Olson  
Christine Peterson

Glen Ratzow  
John Raven  
Diane Roeher  
Norma Rojas  
Ann Rumpf  
Nick Sanfilippo  
Mary Schlosser  
Carol Schroeder  
Jon Schroeder  
Kathy Sell  
Paul Tojek  
Kay Tormey  
Jean Urban  
Marlene Vogel  
Margie Wheaton  
David Woodward

### Craft Class ~ Mini-Adventure Soul Fire Studio June 9 ~ 1-3 pm Cost \$22



Stretch your creativeness by making a glass fused sun-catcher. You can choose between a 2x7 or 4x4 piece. We will meet at Soul Fire Studio, 636 Main St., Delafield, at 1 pm.

Payment and registration is required by June 4 at 4 pm. No refunds.

Sign up in the office or call the Desk Volunteer at 262.567.4288.

### Stretch Class May 1 & 15 9:30 am



This is a safe stretch and strength class to help overall flexibility, range of motion, pain, and balance with Dianne Thayer on May 1 and Dr. Chris on May 15.

Please join this class to work on improving mobility, relieve tension, and enhance your body's ability to move freely and comfortably.

You may call the Desk Volunteer at 262.567.4288 with any questions.



# Thank You!

## Annual Fund Drive Contributors

### Special Projects

Jeanie Burchardt

### Senior Center Contributors

Carol Doyle

Jeanne Leidl

Ellen Miller

Jeanne Schroeder

Allen Schultz

### Community Meal Gathering

Kathy Eckhardt

Dianne Thayer

### In Memory of Greg Pehler

Frank and Ginni Hicks

### In Memory of Len Smith

Frank and Ginni Hicks

### Thank You to our Anonymous Donors

We appreciate all donations large and small. Donations to the Oconomowoc Area Senior Center are tax deductible as allowed by law. We are a 501(c)(3) organization and depend on the generous donations of our members and supporters.



**Tech with Kate**  
**Tuesday, May 19**  
**4 pm - 6 pm**

**Wednesday, May 13 & 27**  
**9 am - 12 pm**

Receive specialized tips and troubleshooting on your device! Bring your phone, tablet, e-reader, or other device and all of your questions. Kate will be here to provide one-on-one assistance and answer your tech questions.

Sign up in the office or call the Desk Volunteer at 262.567.4288 to schedule your 30-minute appointment with Kate.



Kayla, a nursing student pursuing her bachelor's degree, joined OASC to observe our independent seniors for a project focused on the importance of staying active with age. During her time here, she attended several of our classes that support mobility, balance, and overall wellness, all while having a great deal of fun!

### Topic of the Month

**Spring is for the Birds**

**Monday, May 18**  
**1 pm**



From the end of February through May many birds return to Wisconsin for a way stop or summer residence. It's like a raucous family reunion. Discover which birds join the annual reunion and how humans can serve as good hosts for our winged friends.

Presenter Jackie Scharfenberg, a dedicated environmentalist, has been in the environmental education field for more than 40 years. A retired Naturalist for the Northern Unit of the Kettle Moraine State Forest, she currently serves on the boards of the Friends of the Kettle Moraine and Friends of the Wisconsin State Parks.

Join us for this fun and informative event.

Sign up in the office or call the Desk Volunteer at 262.567.4288.



**Craft Class**  
**Kindness Rock Painting**  
**Tuesday, May 12**  
**1 pm ~ \$5**

By painting rocks and leaving them for others to find, we can spread happiness one rock at a time.

Join Dawn Westburg for this fun and inspirational project.

To sign up, please stop in the office or call the Desk Volunteer at 262.567.4288.



### OASC Fundraiser Gift Cards

Treat yourself, or purchase one for someone special. Purchasing gift cards from the Center helps raise money that can be used for our Center's expenses. Please purchase them at the volunteer desk. Cash, check payable to OASC, or credit cards accepted. There will be a 3% convenience fee on credit card purchases. Please note we can fulfill special orders from many vendors not mentioned below. Call Lyle Phillips at the Center 262.567.4288 for a list of all available gift cards. Pre-orders are appreciated.

VENDOR	Denominations	OASC %	VENDOR	Denominations	OASC %
Ace Hardware	\$25	6%	Marcus Theatres	\$25	8%
Amazon	\$25	1.5%	Marshalls/TJ Maxx/ Home Goods	\$25	6%
Barnes & Noble	\$10	8%	McDonald's	\$10	3%
Buffalo Wild Wings	\$25	8%	Meijer	\$25, \$50	3%
Burger King	\$10	7%	Menard's	\$25	3%
Chili's	\$25	10%	Noodles & Co.	\$10	8%
Cousins	\$10	9%	Olive Garden	\$25	8%
Dairy Queen	\$10	6.5%	Panera	\$10, \$25	8%
Domino's	\$10	8%	Papa Murphy's	\$10	8%
Dunkin Donuts	\$10	3.5%	Piggly Wiggly	\$25, \$50, \$100	3%
Fleet Farm	\$25	3.5%	Pizza Hut	\$10	6%
Great Harvest Bread	\$10, \$25	6%	Sendik's	\$25, \$50, \$100	4%
Kohl's	\$25, \$100	7%	Starbucks	\$10	4.5%
Kroger Co. Stores	\$25, \$50, \$100	4%	Subway	\$10	6%
<b>KWIK TRIP OFFERS</b>			Taco Bell	\$10	5%
Kwik Trip	From \$25 - \$100	4%	Target	\$25	2.5%
Kwik Trip Car Wash	\$36 for 5 washes	44%	Visa	\$50, \$100	1.25%
Kwik Trip Fuel Only	From \$25 - \$100	4%	Walgreens	\$25	5%
Kwik Trip Grocery Only	From \$25 - \$100	10%	Walmart	\$25, \$50	2.5%
			Wendy's	\$10	6%

### Ink/Toner Cartridge Recycling



We receive \$2 back per recycled cartridge through Office Depot's Reward Program. Office Depot will accept any brands from any stores. All monies earned will be used to purchase office supplies for the Center.

You may drop off your cartridges with the Desk Volunteer. Thanks for helping to protect our environment by keeping cartridges out of landfills!

### Kwik Trip Ultimate Car Washes

5 Washes on One Card for Only \$36



Support the OASC by purchasing your Kwik Trip car wash cards from us. Keep your car looking its best with this great car wash deal valued at \$50 and able to be used at any Kwik Trip location! Stop in the office and pick one up today for you or someone you know! Tell your friends and neighbors.



# Travelin' Troupe



OASC Tours

**“Night Fever” - The Bee Gees Tribute**  
Memories Theater - Port Washington  
Saturday, May 30, 2026  
Price: \$115  
**Wait List**

\*\*\*

**Diamond Jo Casino Trip**  
Thursday, June 25, 2026  
Dubuque, Iowa  
Price: \$45

\*\*\*

**Crane Foundation and Dells Upper Boat Tour**  
Thursday, July 23, 2026  
Wisconsin Dells  
Price: \$105  
**Wait List**

\*\*\*

**Great Train Adventure**  
Tuesday, August 4, 2026  
Green Bay  
Price: \$95

**Elvis & the Memphis Rockers**  
Featuring Garry Wesley  
Saturday, August 22, 2026  
Port Washington  
\$118

\*\*\*

**Texas Adventure . . .**  
**Cowboys, Mission Control, and the Riverwalk**  
**Extended Trip**  
September 22 to October 1, 2026  
Price: \$2,295 Per Person Double Occupancy  
\$2,995 Per Person Single Occupancy

\*\*\*

**Celebration Belle**  
**Dubuque, Iowa to Savanna, Illinois**  
**5 Hour - Fall Color Trip**  
Friday, October 9, 2026  
Price: \$125

See registration forms for more details and to sign up. Registration forms for all of our trips are available at OASC or at [www.OconomowocSeniors.org](http://www.OconomowocSeniors.org).

## Bus Pick-Up Location

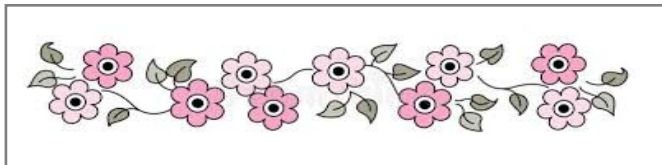
**Please Note:** Our pick-up location for our Travelin' Troupe trips is the Oconomowoc Police Department (across from George Webb's).

## New Orleans & Memphis Trip





## Community Calendar



- **Senior Meal Gathering** - Wednesdays, 12-1 pm, Oconomowoc Area Senior Center, 210 S Main Street. Registration required - limited seating. Donations are welcome. Call 262.567.4288 for more information.
- **Oconomowoc Farmers' Market** - Saturdays, May through October, 8 am - 12 noon. Located at the South Church St. parking lot across from Bank Five Nine Parking Lot.
- **Fish Fry** - Friday, May 15, 4:30-7 pm at St. Jerome Parish Cafeteria, 1001 S. Silver Lake Street. Sponsored by Oconomowoc Knights of Columbus. AYCE serviced buffet with baked and fried cod. Adults \$14; Ages 4-11 \$6; Under 4 free. Carry-outs are also \$14. Call ahead, 262.569.3032 or stop in.
- **Luca Stricagnoli & Meg Pfeiffer** - Saturday, May 16, 7 pm at Oconomowoc Arts Center, 641 E Forest Street. Born and raised in Italy, Luca Stricagnoli is an acoustic guitarist known for his unique style and innovative playing techniques. Joining him is his wife, singer-songwriter Meg Pfeiffer. Tickets: \$39 Regular, \$34 Senior (60+) & Military (with ID), \$33 Group (10 or More), and \$18 Youth (19 & Younger).
- **Memorial Day Remembrance** - Monday, May 25, starting at 10 am at the City Beach Bandshell. Events include a ceremony with the Oconomowoc American Legion Band, a downtown procession, a wreath-laying ceremony on Walnut Street bridge, and a final salute at the Grave of the Unknown Soldier.

(Pres. Notes cont'd from Page 1)

Thanks to our 44 advertisers! Their support helps defray the cost of printing and distributing the newsletter. Let's show our thanks by using their services or just stop and thank them.

Financial support to the OASC comes in many forms—advertising, fundraisers, our annual campaign, grants, donations, loose change collections, receipts, gift card purchases, recycled ink cartridges, Required Minimum Distributions (RMDs), and matching gifts through organizations such as Thrivent and Northwestern Mutual. Thank you for yours!

And a special thank you as we say goodbye to the AARP tax preparers. We cannot express our gratitude enough. The OASC and surrounding communities benefit from the services and elevated public awareness, donations, and new and renewed memberships it brings. Local restaurants and retail stores also benefit from those visiting. We look forward to AARP Tax-Aide returning next year!

In closing, when I think of May, a month of renewal and growth, I think of two words--hope and trust:

- I hope next week I will share a thought with the members playing all those games at the Center. I trust that they will be well enough to play.
- I hope our community businesses are aware of the Senior Center and recognize its value as we contribute to the senior population in each community. I trust the businesses will continue their success.
- I hope the City of Oconomowoc Council Members will understand the need for the OASC to expand its facilities and help make it happen. I trust that they are paying attention and will listen.
- I hope the surrounding municipality leaders will acknowledge and understand the benefits the OASC has available to their senior residents. I trust that our OASC members will make it known.
- I hope all seniors take the opportunity to walk into the Center and share laughter, joy, and connection. I trust that we have a vibrant Center for them to enter.

*Happy May! Ginni*

### Save the Date

- |         |                                 |
|---------|---------------------------------|
| June 1  | Luncheon                        |
| June 8  | Topic of the Month - Dockhounds |
| June 9  | Craft Class at Soul Fire        |
| June 13 | Farmers Market                  |
| June 17 | Dinner Club - Ella's            |
| June 18 | Health & Wellness               |
| June 25 | Diamond Jo Casino Trip          |
| June 26 | Food & Nutrition                |
| June 27 | Brat Fry                        |

  
HAPPY MOTHER'S DAY



**Dinner Club**  
**Wednesday, May 20**  
**4 pm**

We will gather at Jordy's Bar and Steakhouse for May's Dinner Club. It is located at 1632 S. Church St., Watertown.

We will meet at the restaurant at 4 pm for cocktails and socializing. Transportation will not be provided. There are five dinner options to choose from and you will need to make your selections when you sign up. Your options will be available with the sign-up sheet in the office.

Prices will include tax and tip. Separate checks will also be available.

Sign up in the office or call the Desk Volunteer at 262.567.4288. Must reserve or cancel by Wednesday, May 13.



**Breakfast Club**  
**Friday, May 15**  
**8 am**

Join the monthly breakfast group on the third Friday at Café LaBelle for breakfast and socializing with other OASC members. An order-off-the-menu event, you will pay directly at the restaurant.

Call 262.567.4288 or sign up at the office to help reach an accurate count for the reservation.

**Chair Yoga**  
**Fridays, May 1 & 15**  
**1 pm**



Join Dianne Thayer for guided chair yoga to improve muscle tone, strength, and balance while seated.

Chair yoga is perfect for all fitness levels, with gentle movements designed to enhance flexibility, reduce stress, and promote overall well-being. A wonderful way to practice yoga!

Sign up in the office or call the Desk Volunteer at 262.567.4288.

**Great Courses:**  
**Ordinary Americans in the**  
**American Revolution**  
**Mondays, May 18 - July 27**  
**6:30 - 8:30 pm**



While many are familiar with the renowned military leaders of the American Revolution—figures such as George Washington, Samuel Adams, John Hancock, and Thomas Jefferson—there existed an unseen legion of ordinary citizens whose efforts were essential to the cause of independence.

In this series, we delve into the lives of these unsung patriots and explore the crucial roles they played in supporting the birth of our "Great Experiment."

Join Jack Disbrow on Monday evenings for this eight session course. We look forward to your participation and attendance.

Sign up in the office or call the Desk Volunteer at 262.567.4288.

**Golf**  
**Thursdays, April 30, May 14 & 28**  
**Paganica Golf Course**  
**9 am**



Come and join us at Paganica Golf Course every other week starting on Thursday, April 30. Some members will be playing on the off weeks as well, exploring other courses in the area.

You don't need a perfect swing to have a perfect day outdoors.

If interested, contact Dean Anderson at 319.269.3245 to play or obtain additional information.



### Piggly Wiggly Helps Us? How?

Here's how! The OASC receives a donation from the Piggly Wiggly receipts you save and drop off at the Center.

The amount we get is based on a percentage of the total of those receipts. We are reimbursed twice a year.

THANK YOU to our members who drop off Hartland and Oconomowoc Piggly Wiggly receipts at our Center! Keep it up, please!

DO NOT CUT OFF THE DATE OR NAME OF THE STORE.



### Sunshine Committee

The Sunshine Committee sends cards to cheer members who are experiencing difficulties such as serious health issues or the loss of a spouse or loved one.

Please contact Kathy Hamilton through email at [coordinator@oconomowocseniors.org](mailto:coordinator@oconomowocseniors.org) or call the office at 262.567.4288 to suggest some sunshine be sent.

### Pinochle Players Wanted!



Interested in joining a game of pinochle? We're in need of additional players so we can start scheduling regular games.

Come join the fun!

Interested? Sign up in the office or call the Desk Volunteer at 262.567.4288.



### Blood Pressure Check

A nurse is available every Monday, 11-11:30 am, to take blood pressure readings. This is also available upstairs at the luncheons. No fee.

# ADVERTISERS

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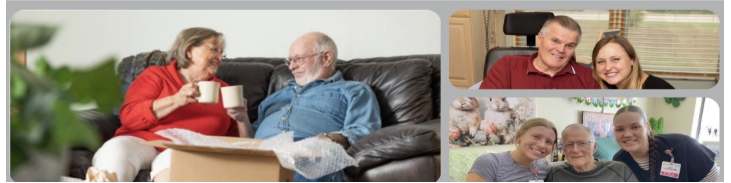
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## Games, Activities, and Classes

### GAMES

- Bags (Cornhole)** - 1st & 3rd Fridays, 9 am.
- Bingo** - Senior Center members only! - 1st & 3rd Fridays, 1 pm.
- Bridge** - Thursdays, 12:45 pm.
- Bunco** - Tuesdays, 12:30 pm. Fun dice game.
- Chess** - Fridays, 1 pm.
- Cribbage** - Tuesdays, 10 am.
- Dartball** - Tuesdays, 9:30 am.
- Euchre** - Tuesdays, 2:15 pm & Saturdays, 1 pm.
- Farkle/10,000** - Thursdays, 10:30 am. Fun dice game.
- Five Crowns** - 1st, 3rd, & 5th Tuesdays, 10 am. Rummy-style card game.
- Hand and Foot** - Mondays, 1 pm. A game played like Canasta - only on steroids.
- Mah-Jongg** - Thursdays, 1 pm. Beginner and Intermediate.
- Mexican Train Dominoes** - 3rd & 4th Wednesdays, 1 pm.
- Ping-Pong** - Mondays & Thursdays, 9 am.  
**Beginner** - Thursdays, 11:15 am.
- Poker** - Fridays, 9 am.
- Pool** - Wednesdays & Fridays, 9 am.
- Scrabble** - 1st, 3rd & 5th Wednesdays, 1:30 pm.
- Sequence** - Sundays, 1 pm.
- Sheepshead** - Mondays, 9 am & Wednesdays, 11:30 am.
- Sorry! Board Game** - Fridays, 10 am.
- UNO** - 1st, 3rd & 5th Thursdays, 10 am.

### ACTIVITIES

- Book Club** - 1st Wednesday, 10:30 am.
- Breakfast Club** - 3rd Friday, 8 am, Café LaBelle at Shorehaven. **Registration is required.**
- Hiking Club** - Days vary. **Registration is required.**
- Intergenerational Activity** - 2nd & 4th Wednesdays, 1 pm.
- Luncheon** - 1st Monday of month at 12 Noon. **Registration is required.**
- Mini-Adventures** - Some months throughout the year. **Registration is required.**
- Movie & Lunch** - 2nd Friday, 11:15 am. Current movie with lunch for \$10. **Registration is required.**

### ACTIVITIES (con't)

- Music Makers** - 2nd & 4th Wednesdays, 1 pm.
- Pickleball** - Wednesdays, 9:30 am, Westover Park. **Registration is required.**
- Spanish Conversation** - Wednesdays, 2 pm.  
**Beginner Spanish** - Wednesdays, 1:30 pm.
- Walking Club** - Wednesdays & Saturdays, 8:30 am, upstairs in the Clubhouse. Get those steps in!

### CLASSES

- Basket Weaving** - Some months throughout the year. Learn how to make a basket. There is a charge for the materials. **Registration is required.**
- Card Making** - 1st Tuesday, 1:00 pm. \$6 fee per class. **Registration is required.**
- Chair Yoga** - 1st, 3rd, & 5th Fridays, 1 pm.
- Craft Class** - 2nd Tuesday, 1 pm. There may be a fee. **Registration is required.**
- International Dance** - 1st, 3rd, & 5th Fridays, 11:30 am.
- Knitting/Crocheting Class** - 1st, 3rd, & 5th Thursdays, 1 pm. Relax, socialize, and learn the craft.
- Line Dancing** -  
**Advanced Beginner** class is Thursdays, 12:30 pm, \$2 fee per class for members.  
**Beginner** class is Thursdays, 1:15 pm. \$1 fee per class for members.
- Low-Impact Exercise** - Wednesdays, 9:15 am.
- Stretch Class** - 1st & 3rd Fridays, 9:30 am.
- Tai Chi & Qigong** - Tuesdays, 10:30 am. \$5 fee per class.
- Tech With Kate** - Tuesday & Wednesdays-times/dates vary. **Registration is required.**

**Ukulele & Strings** - 2nd & 4th Saturdays, 1 pm.

**Woodcarving** - 1st & 3rd Wednesdays, 9 am. Bring your tools.




**PLEASE NOTE:** If you are a current member of the OASC, you can attend most activities free! **Non-members are charged \$5 to attend.**

For more information on any of the games, activities, and classes, please call the Senior Center at 262.567.4288.

**OASC Membership Dues**  
**\$25/Calendar Year**

# OASC CALENDAR – May 2026



MON	TUES	WED	THURS	FRI	SAT/SUN
<b>4</b> 9 am Ping-Pong 9 am Sheephead 11 am Blood Pressure Ck 12 pm Luncheon* 1 pm Hand & Foot	<b>5</b> 9:30 am Dartball 10 am Cribbage 10 am Five Crowns 10:30 am Tai Chi & Qigong 12:30 pm Bunco 1 pm Card Making* 2:15 pm Euchre	<b>6</b> 8:30 am Walking Club 9 am Pool 9 am Woodcarving 9:15 am Low-Impact Exercise 9:30 am Mobile Nails* 9:30 am Pickleball* 10:30 am Book Club 11:30 am Sheephead 1:30 pm Beginner Spanish 1:30 pm Scrabble 2 pm Spanish Conversation	<b>7</b> 9 am Ping-Pong 10 am Seams & Hems 10 am UNO 10:30 am Farkle/10,000 11:15 am Beginner Ping-Pong 12:30 pm Line Dancing 12:45 pm Bridge 1 pm Knit/Crochet 1 pm Mah-Jongg 1:15 pm Line Dancing - Beg.	<b>1</b> 9 am Luncheon Committee Mtg. 9 am Poker 9 am Pool 9:30 am Stretch Class 10 am Activities Committee Mtg. 10 am Sorry! Board Game 11:30 am International Dance* 1 pm Bingo (Members Only) 1 pm Chair Yoga* 1 pm Chess	<b>2</b> 8:30 am Walking Club 10 am Hiking Club* 1 pm Euchre  <b>3</b> 1 pm Sequence
<b>11</b> 9 am Ping-Pong 9 am Sheephead 10 am Fundraising Cmte. Mtg. 11 am Blood Pressure Ck 1 pm Hand & Foot	<b>12</b> 9:30 am Dartball 10 am Cribbage 10:30 am Tai Chi & Qigong 12:30 pm Bunco 1 pm Craft Class* 2:15 pm Euchre	<b>13</b> 8:30 am Walking Club 9 am Pool 9 am Tech with Kate* 9:15 am Low-Impact Exercise 9:30 am Pickleball* 11:30 am Sheephead 1 pm Music Makers 1:30 Beginner Spanish 2 pm Spanish Conversation	<b>14</b> 9 am Golf* 9 am Ping-Pong 10:30 am Farkle/10,000 11:15 am Beginner Ping-Pong 12:30 pm Line Dancing 12:45 pm Bridge 1 pm Mah-Jongg 1:15 pm Line Dancing - Beg. 4 pm Hiking Club	<b>15</b> 8 am Breakfast Club* 9 am Poker 9 am Pool 9:30 am Stretch Class 10 am Sorry! Board Game 11:30 am International Dance* 1 pm Bingo (Members Only) 1 pm Chair Yoga* 1 pm Chess 2 pm Travel Cmte. Mtg.	<b>16</b> 8:30 am Walking Club 10 am Hiking Club* 1 pm Euchre  <b>17</b> 1 pm Sequence
<b>18</b> 9 am Pool 9 am Sheephead 9:30 am Board Meeting 10 am AARP Mtg. 11 am Blood Pressure Ck 1 pm Hand & Foot 1 pm Spring is for the Birds Pres.* 6:30 pm Great Courses*	<b>19</b> 9:30 am Dartball 10 am Cribbage 10 am Five Crown 10:30 Tai Chi & Qigong 12:30 pm Bunco 2:15 pm Euchre 4 pm Tech with Kate*	<b>20</b> 8:30 am Walking Club 9:30 am Mobile Nails* 9 am Pool 9 am Woodcarving 9:15 am Low-Impact Exercise 9:30 am Pickleball* 11:30 am Sheephead 1 pm Mexican Train Dominoes 1:30 pm Scrabble 1:30 pm Beginner Spanish 2 pm Spanish Conversation 4 pm Dinner Club - Jordy's*	<b>21</b> 9 am Ping-Pong 10 am Bylaws & Policies Cmte.Mtg. 10 am UNO 10:30 am Farkle/10,000 11:15 am Beginner Ping-Pong 12:30 pm Line Dancing 12:45 pm Bridge 1 pm Knit/Crochet 1 pm Mah-Jongg 1:15 pm Line Dancing - Beg. 2:30 pm Health & Wellness Pres.*	<b>22</b> 9 am Bags 9 am Poker 9 am Pool 10 am Sorry! Board Game 1 pm Chess 1:30 pm Food & Nutrition Pres.*	<b>23</b> 8:30 am Walking Club 1 pm Euchre  <b>24</b> 1 pm Sequence
<b>25 Closed</b> 	<b>26</b> 9:30 am Dartball 10 am Cribbage 10:30 Tai Chi & Qigong 12:30 pm Bunco 1:30 pm ADRC Ben Spec* 2:15 pm Euchre	<b>27</b> 8:30 am Walking Club 9 am Pool 9 am Tech with Kate* 9:15 am Low-Impact Exercise 9:30 am Pickleball* 11:30 Sheephead 1 pm Intergenerational Activities* 1 pm Mexican Train Dominoes 1 pm Music Makers 1:30 pm Scrabble 1:30 pm Beginner Spanish 2 pm Spanish Conversation	<b>28</b> 9 am Golf* 9 am Ping-Pong 10:30 am Farkle/10,000 11:15 am Beginner Ping-Pong 12:30 Line Dancing 12:45 pm Bridge 1 pm Mah-Jongg 1:15 Line Dancing-Beg 4 pm Hiking Club	<b>29</b> 9 am Luncheon Committee Mtg. 9 am Poker 9 am Pool 10 am Sorry! Board Game 11:30 am International Dance* 1 pm Chess	<b>30</b> 8:30 Walking Club 10:30 am "Night Fever" Bee Gees ~ Trip 1 pm Euchre  <b>31</b> 1 pm Sequence

*Happy Mother's Day*