



OASC News and Notes



The OASC is a welcoming gathering place offering educational, recreational, social, and wellness opportunities that support and enrich seniors.



Notes From President Ginni Hicks

September has arrived! The mornings are a little cooler, the days are getting shorter, and before we know it, the leaves will be changing. This is a month when one season ends, another begins, and we start thinking about what is ahead.

At the annual August Volunteer Appreciation Dinner, we celebrated through fun, laughter, camaraderie, and food. Are you aware? One hundred sixty-five OASC volunteers greet members at the front desk, set up and clean up for luncheons, help with fundraisers, lead activities, serve on committees, work on special projects, answer questions, make phone calls, and do all those little things which absolutely need to be done and often go unnoticed.

Some people volunteer every week. Some help once a month. Some help whenever needed. Whether giving 2 hours a month or 2 hours a day, we are grateful for everyone. All are an important part of the OASC family, and we know we could not operate without them!

September is also National Senior Center Month, which is the perfect time to celebrate what happens here every day. We are now more than 1,000 members strong with 170 activities and opportunities

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September 2026

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2 & 16 Woodcarving
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25 OHS Pep Rally
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Rocky's Rolling Pep Rally Friday, September 25 11:30 am



Oconomowoc High School wants to bring their 2026 Homecoming Spirit to the OASC! Rocky, the band, and student representatives will arrive in style on September 25.

Come join us and the OHS band, cheer team, dance team, athletes, Homecoming Royalty, and Game Day Squad as they share their energy and pride from the OHS hallway to ours!

Sign up in the office or call the Desk Volunteer at 262.567.4288 with any questions.



Sit & Chat: Getting to Know the Oconomowoc Area Foundation Thursday, September 10 3 pm

We're starting a new Sit & Chat series that gives us a chance to get to know some of the local organizations that have supported the OASC.

Our first guest is the **Oconomowoc Area Foundation (OAF)**. Join us for a relaxed conversation about the who, what, how, and why of the Foundation. Who are they? What do they do? How do they do it? And why?

The OAF has supported the OASC through several grants, but there is much more to the Foundation than its connection to us. Come, enjoy some light refreshments, sit for a while, and get to know the organization and the people behind it.

There will be time for questions and conversation. We hope you'll join us!

Sign up in the office or call the Desk Volunteer at 262.567.4288 with any questions.



OASC BOARD MEMBERS

DIRECTORS

President - Ginni Hicks

Vice President - Don Swain

Secretary - Peg Burow

Treasurer - June Anderson

Ass't. Treasurer - Lyle Phillips

Tom Aiani

Nancy Brickner

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Annemarie Schmidt

Facebook - Kim Leppin

Facilities - Frank Hicks

Finance - Barb Webb

Fundraising - Pat Mikula

Luncheon - Pat Gartzke

Membership - Peg Burow

Newsletter - Linda Sallmann

Nominating & Elections -

Jon Gries

Travel - Marilyn Smith

OASC Coordinator

Kathy Hamilton

coordinator@oconomowocseniors.org

Office Hours:

Monday-Friday

9 am-4 pm

210 South Main Street

Oconomowoc, WI 53066

262.567.4288

www.OconomowocSeniors.org



By Steve Hanneman

MEETING: Monday, September 21, 10 am - OASC, Room 2

PROGRAM

This month we welcome Patty Keuck, Co-President of the League of Women Voters of Ozaukee and Washington Counties.

Patty will provide us with a presentation covering the organization's purpose, history, and current status of the League of Women Voters in the US and Wisconsin.

The presentation will share the League of Women Voters story and purpose as another non-profit/non-partisan organization such as AARP. In addition, Patty will provide information concerning the three upcoming referendums which will be on our November 3 ballot which would add amendments to our state constitution.

BUSINESS MEETING

A short meeting will follow the presentation.

The local dues for Oconomowoc Area AARP chapter 978 are just \$5 a year. Why not join now and share the excitement of shaping the years ahead!



*** News and Notes - Issue #2026-09 ***

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News and Notes is published monthly by the Oconomowoc Area Senior Center.

Newsletter Deadline

The deadline for ads and articles for the October 2026

OASC News and Notes is September 10.

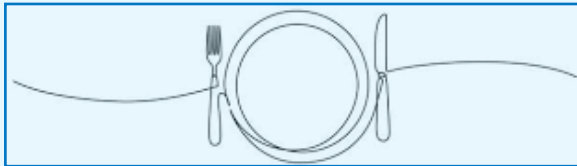


Monthly Luncheon Monday, September 14 Noon Lunch

The monthly luncheon will be held on Monday, September 14. The menu will be garden salad with French and ranch dressings, meat loaf with gravy, mashed potatoes, and baby carrots. Desserts will be donated by members.

Join us for an entertaining afternoon with Jukebox Dave, featuring crowd-pleasing favorites from the oldies, rock, pop, and country. With familiar tunes and plenty of toe-tapping hits, you'll be ready to sing along, tap your feet, and hit the dance floor!

Reservations are due by noon on **Wednesday, September 9**. A maximum of 144 reservations is accepted and a wait list will be generated for all reservations beyond 144. You must cancel reservations by noon on **Wednesday, September 9**, to avoid paying for the lunch.



The luncheon cost is \$14 for members and \$19 for non-members. Cash, checks payable to OASC, and credit cards are accepted; a 3% convenience fee will be added if paying by credit card.

Arrive early to avoid a long check-in line. You can sign up for the October luncheon and purchase travel, 50/50 raffle, and summer raffle tickets. In addition, a nurse will be available to check your blood pressure before lunch. Also, you could stop in the office and purchase gift cards or sign up for upcoming activities and presentations.



Chair Tai Chi & Qigong Mondays in September 11:15 am

This class will focus on deep breathing, upper body stretching, mind exercises, and flow of chi to improve health and internal balance while sitting on a chair.

Dr. Tai Yong Cao is excited to lead this new weekly class every Monday. Join him and discover the benefits for yourself.

Sign up in the office or call the Desk Volunteer with any questions.

August Luncheon



Tai Chi For Advanced Beginners Fridays, September 4 & 18 10 am

This class is for those who have been in Tai Chi for seniors for more than 3 months who want to improve memory, body coordination, and have a better understanding of Tai Chi by learning Tai Chi routines.

Dr. Tai Yong Cao will be teaching this new class on the 1st, 3rd, and 5th Friday mornings.

You may call the Desk Volunteer at 262.567.4288 with any questions.



International Dance Fridays, September 4 & 18 11:30 am

Keep your mind and body active with our OASC International Dance program! Gain confidence with easy circle and line dances from around the world, Macedonia, Croatia, Turkey, and Romania.

No experience or partner necessary. Just come!

You may call the Desk Volunteer at 262.567.4288 with any questions.

Mini-Adventure Mutts Gone Nuts-Unleashed at OAC Friday, October 2 7 pm ~ Cost \$33

Join us at the Oconomowoc Arts Center for this canine cabaret comedy show featuring world-class stunt dogs and their humans. The all-star lineup includes a guinness world record holder and an America's Got Talent fan favorite.

Sign up and payment due by Friday, September 11. Pick up tickets at the Center. Minimum number to attend is 10 in order to get a group rate.

You may call the Desk Volunteer at 262.567.4288 with any questions.



Winners Drawn at the August Luncheon

Nancy Bock - \$56 in the 50/50 raffle drawing.

Karen Pickett - \$55 in the 50/50 raffle drawing.

Shirley Woodbeck - \$55 in the 50/50 raffle drawing.

Joan Evans - a \$37 gift certificate in the Travelin' Troupe raffle.

Anne Schmidt - a \$37 gift certificate in the Travelin' Troupe raffle.

Nancy Bock - a \$36 gift certificate in the Travelin' Troupe raffle.

Karen Campbell - a \$25 gift certificate from the Travelin' Troupe July newsletter drawing.

Sherry Brown and Pat Mikula - each a \$50 Travelin' Troupe gift certificate by an anonymous donor from the luncheon drawing.



Thanks to the Following Members for the August Luncheon Desserts!

Nancy Bock
Lois Bottoni
Marlene Burkwald
Ray Burow
Laurene Gunderson
Diane Hanisch
Barb Howland
Sandy Jarrett
Nancy Kuhtz
Karen Kuiper

Dot McGlynn
Pat Mikula
Lois Moosreiner
Cindy Presti
Sue Schroeder
Judy Smith
Donna Thurow
Carrie Van Vleet
Shirley Woodbeck

Spaghetti Dinner Wednesday, September 30 4 - 7 pm



Don't miss our annual Spaghetti Dinner where we will serve spaghetti and meatballs, salad, breadsticks, and desserts.

This is a fundraiser for Programs and Activities at the OASC. There will also be a raffle and music!

Tickets are available in the office: Adults \$16 in advance from the Desk Volunteer, \$17 at the door, Children ages 6-12 \$12, and Under 6 free.

We hope to see you there!

Potluck Dinner ~ Ethnic Foods Thursday, September 17 4:30 pm Arrive ~ 5 pm Potluck



Join us for this OASC favorite - delicious food and a great opportunity for socializing! Bring your favorite foods from around the world for all to enjoy. When signing up, please let us know what you are bringing to avoid duplications.

Sign up in the office or call the Desk Volunteer at 262.567.4288.



Movie & Lunch Friday, September 11 Arrive 11:15 am

Green and Gold

A fourth-generation Wisconsin dairy farmer, on the brink of losing his farm to the bank, wagers everything on a bet involving his beloved Green Bay Packers while his granddaughter pursues music to save what they've worked for their whole lives.

Cast: Craig T Nelson, Brandon Sklenar, Madison Lawlor

Genre: Drama, Sports, Heartwarming

1 Hour 35 Minutes, PG

Note: Lunch begins at 11:15 am with the movie starting at 11:30 am. **A \$10 fee** includes a Cousins sub sandwich or salad, bag of chips, and beverage.

*** There is an attendance limit of 24 for the showing of each movie. Reservations are necessary by noon the day previous to the movie date.**

Travelin' Troupe Entry Form

Chance to Win a \$25 Travel Gift Certificate

Entry Deadline: Wednesday, September 30

Name _____

Address _____

City _____ State _____ ZIP _____

Telephone _____

Email (optional) _____

Drop off the entry form at the Center's volunteer desk or mail to OASC Travelin' Troupe, 210 S. Main Street, Oconomowoc, WI 53066.

One winner will be drawn at the **October 5** luncheon, but you do not need to be present to win. Only **one** entry per person; multiple entries will be **disqualified**.

Board of Directors Annual Election Coming in November



Potential candidates who picked up information packets in August must return the completed forms to the office by September 1.

Information about the candidates will be featured in the October newsletter and the candidates will be introduced at the October 5 luncheon. The election of Board members will be held at the November 2 luncheon.

There are five openings on the Board. Those elected to the Board will serve a 3-year term starting on January 1, 2027, and ending on December 31, 2029.

2026 Summer Raffle Annual Event

Support the OASC and grab a chance to win one of four cash prizes. Don't miss this opportunity.

First Prize - \$500 Second Prize - \$250

Third Prize - \$100 Fourth Prize - \$100

Ticket Prices: 1 for \$5 or 5 for \$20

Only 1,000 tickets sold. Winners drawn Monday, September 14, 2026, at the OASC luncheon. Need not be present to win. You can purchase tickets with the Desk Volunteer and at the monthly luncheon. Payment by cash or check only.

Gotta play to win!

Book Club Wednesday, September 2 10:30 am



The next meeting of the OASC Book Club will be held at the Center for discussion of the book *The Dollhouse* by Fiona Davis.

The group meets the first Wednesday of each month. Carol Gonzales facilitates the discussion.

The book for October will be *The Paris Architect*, a 2013 novel by Charles Belfoure.

You may call the Desk Volunteer at 262.567.4288 with any questions.

**OASC Hiking Club**

Thursdays, September 3 & 17-4 pm
Saturdays, September 12 & 26-10 am



Join us this month as the OASC Hiking Club revisits our most popular hikes:

- Bark River trail in Delafield (9/3 & 9/12)
- Chapman Park Trail in Oconomowoc (9/17 & 9/26)

Wear appropriate footwear and bring a water bottle. We're looking for suggestions for our October hikes. Hikes will be cancelled in the event of rain - we'll do our best to contact you if you've signed up. Maps will be available for pick up in the office.

Sign up in the office or call the Desk Volunteer at 262.567.4288 with any questions.

Beginner Spanish
Wednesdays in
September
1:30 pm

Beginner Spanish is a weekly class which focuses on learning practical Latin American Spanish. Our goal is to have fun while learning Spanish. All levels of students are welcome. We try to keep everyone actively engaged so you'll learn something new each week. We have a textbook, but also supplement that material with hearing stories, learning songs, playing games, telling jokes, and more.

Call the Desk Volunteer at 262.567.4288 with any questions.

Conversational Spanish
Thursdays, September 17 & 24
2 pm

Join Ginger Paque and other Spanish *aficianodos* to chat about our interests, hobbies, travel, family . . . not a class, no homework! It's all about communicating in Spanish. We all make mistakes but we just laugh and keep trying!

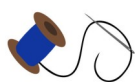
Call the Desk Volunteer at 262.567.4288 with any questions.

**Craft Class**
Halloween Wreaths
Tuesday, September 8
1 pm ~ Cost \$5

Join us to create simple holiday wreaths made from cupcake liners and ornaments, some pins and glue, witches, spiders, pumpkins, bats and skulls.

Sally Voelske will be the facilitator for this fun project.

Sign up and pay the \$5 fee with the Desk Volunteer or call 262.567.4288 with any questions.

**Seams & Hems by Suzy**
Thursday, September 3
10 am - 12 pm

This is a free, member-only service offered by OASC member Suzy Rather! You may drop off a clothing item needing minor altering (hemming or repair of a seam). **Please limit to 3 items.**

See her on Thursday for "measuring and marking" and you will be given a call in 2 - 3 weeks when ready for pick up.

Sign up in the office or call the Desk Volunteer at 262.567.4288.

**Health and Wellness**
Wound Care with
Dr. Stanley Markus
Thursday, September 17
2:30 pm

As we age, our feet and skin need a little extra attention. Dr. Markus will be giving a special presentation on Foot and Wound Care, including important information for those living with diabetic wounds. He'll share simple ways to keep your feet healthy, prevent wounds, and stay active and comfortable.

Topics will include:

- Daily foot care and safety
- How to spot early signs of wounds
- Special considerations for diabetic foot health
- When to seek medical attention

Sign up in the office or call the Desk Volunteer at 262.567.4288 with any questions.



Senior Center Contributors

Nancy Jappinen
James and June Perkins
Pizza Hut
Kitty Postulart
Dianne Thayer
Jim and Arlene Zander

Community Meal Gathering

Bimbo
Bridge Church-Oconomowoc
Greg Cavaiani - Response Realtors
Dimensions Living
Junior Woman's Club

Thank You to our Anonymous Donors

We appreciate all donations large and small. Donations to the Oconomowoc Area Senior Center are tax deductible as allowed by law. We are a 501(c)(3) organization and depend on the generous donations of our members and supporters.



Flu/Pneumonia/COVID Shots Tuesday, September 22 12 noon - 3 pm



We are happy to announce that Kroger Health will be here administering free flu, pneumonia, and COVID shots at the Center beginning at noon. Remember to bring your insurance cards.

Appointments are necessary. Please call the Center at 262.567.4288 or stop in to sign up with the Desk Volunteer.



Topic of the Month Importance of Literacy Monday, September 21 1 pm

In celebration of National Literacy Month, join Hannah Lingenfelter in an engaging presentation exploring the importance of literacy in empowering individuals and strengthening communities.

Hannah is the Waukesha County Manager for Literacy Services of Wisconsin. With a student-first focus, she supports essential reading, writing, and communication skills for real-world success for all age levels. She is compassionate about empowering individuals and creating spaces where people feel confident, capable, and connected.

Join us for this informative event. Sign up in the office or call the Desk Volunteer at 262.567.4288.

Great Courses The Federalist Papers Mondays, September 14 & 21 6:30 pm

The Federalist Papers are the most authoritative source on the US Constitution. Those essays explain the core ideas and defend the key choices that the Founding Fathers used as they created the United States of America.

Join Jack Disbrow for the last 2 sessions discussing the key elements of our Constitution that were referenced in over 300 cases in Supreme Court decisions, with more than half of those in the last 50 years.

Sign up in the office or call the Desk Volunteer at 262.567.4288.

Tech with Kate Wednesdays, September 9 & 23 9 am - 12 pm

Receive specialized tips and troubleshooting on your device! Bring your phone, tablet, e-reader, or other device and all of your questions for a one-on-one assistance to answer your tech questions.

Sign up in the office or call the Desk Volunteer at 262.567.4288 to schedule your 30-minute appointment with Kate.



Food & Nutrition Oconomowoc Food Pantry Past, Present & Future Friday, September 25 1:30 pm



The need for food for families in our community was recognized by members of two churches, Baptist and 1st United Church of Christ. They opened the doors to the first pantry in July 4, 1981, and served two families that day.

Today the pantry shares a building on Brown Street with St. Vincent De Paul and serves clients in the area covered by the Oconomowoc School District.

Join Amy Hayes, President of the all volunteer pantry, with all your questions. **A non-perishable food donation would be appreciated.**

Sign up in the office or call the Desk Volunteer at 262.567.4288.



OASC Fundraiser Gift Cards

Treat yourself, or purchase one for someone special. Purchasing gift cards from the Center helps raise money that can be used for our Center's expenses. Please purchase them at the volunteer desk. Cash, check payable to OASC, or credit cards accepted. There will be a 3% convenience fee on credit card purchases. Please note we can fulfill special orders from many vendors not mentioned below. Call Lyle Phillips at the Center 262.567.4288 for a list of all available gift cards. Pre-orders are appreciated.

VENDOR	Denominations	OASC %	VENDOR	Denominations	OASC %
Ace Hardware	\$25	6%	Marcus Theatres	\$25	8%
Amazon	\$25	1.5%	Marshalls/TJ Maxx/ Home Goods	\$25	6%
Barnes & Noble	\$10	8%	McDonald's	\$10	3%
Buffalo Wild Wings	\$25	8%	Meijer	\$25, \$50	3%
Burger King	\$10	7%	Menard's	\$25	3%
Chili's	\$25	10%	Noodles & Co.	\$10	8%
Chipotle	\$10, \$25	9%	Olive Garden	\$25	8%
Cousins	\$25	9%	Panera	\$10, \$25	8%
Dairy Queen	\$10	6.5%	Papa Murphy's	\$10	8%
Domino's	\$10	8%	Piggly Wiggly	\$25, \$50, \$100	3%
Dunkin Donuts	\$10	3.5%	Pizza Hut	\$10	6%
Fleet Farm	\$25	3.5%	Sendik's	\$25, \$50, \$100	4%
Great Harvest Bread	\$10, \$25	6%	Starbucks	\$10	4.5%
Jersey Mike's	\$25	6%	Subway	\$10	6%
Kohl's	\$25, \$100	7%	Taco Bell	\$10	5%
Kroger Co. Stores	\$25, \$50, \$100	4%	Target	\$25	2.5%
KWIK TRIP OFFERS			Visa	\$50, \$100	1.25%
Kwik Trip General	From \$25 - \$100	4%	Walgreens	\$25	5%
Kwik Trip Car Wash	\$40 for 5 washes	44%	Walmart	\$25, \$50	2.5%
Kwik Trip Fuel Only	From \$25 - \$100	4%	Wendy's	\$10	6%
Kwik Trip Grocery Only	From \$25 - \$100	10%	(Special orders only)		

Ink/Toner Cartridge Recycling



We receive \$2 back per recycled cartridge through Office Depot's Reward Program. Office Depot will accept any brands from any stores. All monies earned will be used to purchase office supplies for the Center.

You may drop off your cartridges with the Desk Volunteer. Thanks for helping to protect our environment by keeping cartridges out of landfills!

Kwik Trip Ultimate Car Washes 5 Washes on One Card for Only \$40



Support the OASC by purchasing your Kwik Trip car wash cards from us. Keep your car looking its best with this great car wash deal valued at \$50 and able to be used at any Kwik Trip location! Stop in the office and pick one up today for you or someone you know! Tell your friends and neighbors.



Travelin' Troupe



OASC Tours

Celebration Belle
Dubuque, Iowa to Savanna, Illinois
5 Hour - Fall Color Trip
 Friday, October 9, 2026
 Price: \$125
 Wait List

Christmas in the Dells
 Wisconsin Dells
 Wednesday, November 18, 2026
 Price: \$109

Garth Brooks Tribute & Holiday Show
 Port Washington
 Saturday, December 5, 2026
 Price: \$114

MSO Holiday Pops Concert
 Milwaukee
 Sunday, December 13, 2026
 \$135



See registration forms for more details and to sign up. Registration forms for all of our trips are available at OASC or at www.OconomowocSeniors.org.





**Mini-Adventure
Lapham Peak State Park
Friday, September 11
10 am**



Join naturalist John Ward, geology professor, inside the Nature Center classroom for a fascinating presentation about the glacier history of the Lake Country area and the woman who donated the land to the park system. We will then walk along a paved path for an interpretive hike to learn about the animals and plants that live in the park.

Park admission and parking are free for our group. Members are encouraged to carpool. A form for admission into the park will be available at the Center when signing up.

Questions call the Center at 262.567.4288. **Must sign up by Thursday, September 3.**



**Pop-Up Summer Walk
Mondays in September
7:30 am**



Join Ginni at the Center for a 30-minute outdoor walk and kick off your week with fresh air, movement, and connections.

Our Wednesday 8:30 am Indoor Walking Group continues as usual, giving members another option to stay active throughout the week.

You may call the Desk Volunteer at 262.567.4288 with any questions.



October 2	Mini-Adventure - OAC
October 2	Senior Source Fair
October 11	Health & Wellness - Vision
October 13	Craft Class - Autumn Nature Pic
October 15	Basket Weaving Class
October 16	Meet & Greet
October 19	Topic - Antique Jewelry Show
October 21	Dinner Club - Copper Dock
October 23	Food & Nut. - Sweet P's Pantry

(Pres. Notes cont'd from Page 1)

happening throughout the month. People come to exercise, learn, play cards and games, travel, create, eat, laugh, volunteer, make friends, or sometimes sit and chat.

Nothing at the OASC could happen without your financial support. THANKS to everyone who has supported our brat fries, spaghetti dinner, summer raffle, pizza fundraiser, and all the other ways you help keep OASC strong. And THANKS to all the volunteers who make these fundraisers happen. They may be a lot of work, but they are also a lot of fun when we do them together!

And while we talk about support and funding, let's think about the future. As we head to the end of the year, please remember the OASC when considering an RMD or other donation. Every gift, large or small, makes a difference.

And further into the future, we are growing out of our space. We need more activity and programming room for all the opportunities we have now and those we will need in the future in a safe, fun, friendly, warm, and welcoming facility.

We don't know yet exactly what the answer will look like. It could involve a municipality, a developer, a property or facility owner, a TIF, a donation of land or building (with parking), an endowment, or perhaps some combination we haven't even thought of yet. What we do know is that we need help getting there!

Our Strategic Plan is moving forward with action teams planning the objectives and steps needed to move the OASC forward. It will take all of us talking, thinking, asking questions, making connections, and letting people in our community know what OASC means to so many of us.

If you know of a municipality, developer, property or facility owner, business, organization, OASC member, or community member who might be able to help us explore the possibilities, please reach out. Give me a call at 414.640.8080.

So, as we say goodbye to summer 2026 and look ahead to the future of the OASC, let's celebrate YOU, our members, volunteers, donors, advertisers, activity leaders, and friends in the community. The Center is a busy place because of everyone!

Thank YOU! Ginni





Dinner Club
Smoke on the Water
Wednesday, September 16
Socializing ~ 4 pm
Dinner ~ 5 pm

Join us for the September Dinner Club outing at Smoke on the Water, N50 W35016 Wisconsin Ave., Okauchee 53069.

We will meet at the restaurant at 4 pm for cocktails and socializing. Transportation will not be provided. There are six dinner options to choose from and you will need to make your selection when you sign up. Your options will be available with the sign-up sheet in the office. Price includes tax and tip.

Sign up in the office or call the Desk Volunteer at 262.567.4288. **Must reserve or cancel by Wednesday, September 9. No refunds after the 9th.**



Joseph Anderson
 Jan August
 Frank Brazelton
 Petra Brede
 Julie Cook
 Madeleine Gerrish
 Sabrina Hicks
 Dan Johnson
 Phyllis Johnson
 Sue Johnson
 Susan Kaestner
 Steve Kubasa
 Phil Lechmaier
 Laura Long
 Cindy Loyd
 Carol Melody
 Mark Michael

Mary Ann Michael
 Karen Millican
 Judy Mueller
 Patricia Painter
 Mike Pettitt
 James Roman
 Rosanne Schutte
 Patty Sherd
 Dana Sherer
 Roger Smith
 Denise Spusta
 Bob Stroshine
 Diana Stroshine
 Beverly Wolters
 Arlene Zander
 Jim Zander
 Lynn Zwaska



Breakfast Club
Friday, September 18
8 am

Join the monthly breakfast group on the third Friday at Café LaBelle for breakfast and socializing with other OASC members. An order-off-the-menu event, you will pay directly at the restaurant.

Call 262.567.4288 or sign up at the office to help reach an accurate count for the reservation.



Chair Yoga
Friday, September 4 & 18
2 pm

Join Dianne Thayer for guided chair yoga to improve muscle tone, strength, and balance while seated.

Chair yoga is perfect for all fitness levels, with gentle movements designed to enhance flexibility, reduce stress, and promote overall well-being. A wonderful way to practice yoga!

Sign up in the office or call the Desk Volunteer at 262.567.4288.

Brat Fry
Sunday, September 13
10 am - 3 pm



It's time for a Brat Fry at Piggie Wiggly on Hwy P in Oconomowoc. Spread the word, bring family and friends, or just enjoy the fun with fellow members.

In addition, consider volunteering for a short shift to help set up, sell, grill, or break down. There is a sign-up sheet in the office or you can call 262.567.4288 to reserve a shift.

If you are unable to volunteer, please come out to enjoy a brat, burger, or hot dog. There will also be assorted chips, water, and soda for sale. We look forward to seeing you there!

You may call the Desk Volunteer at 262.567.4288 with any questions.



Chess Club Fridays ~ 1 pm

Love chess? Join us for a fun and friendly game. All skill levels welcome.

You may call the Desk Volunteer at 262.567.4288 with any questions.

Golf Thursdays, September 3 & 17 9 am



Come and join us at Paganica Golf Course every other week and enjoy a morning outside!

If interested, contact Dean Anderson at 319.269.3245.



Bridge Thursdays ~ 12:45 pm

The tables are set! Come join us for Bridge every Thursday afternoon.

You may call the Desk Volunteer at 262.567.4288 with any questions.

Bingo Fridays, September 4 & 18 1 pm



Try your luck and enjoy a fun-filled afternoon of bingo on the 1st and 3rd Fridays of each month. Open to Senior Center members only.

You may call the Desk Volunteer at 262.567.4288 with any questions.



Outdoor Pickleball Wednesdays in September 9 am

Join us for pickleball at Westover Park! No sign-up is required. Get moving, enjoy the fresh air, and have fun on the court!

You may call the Desk Volunteer at 262.567.4288 with any questions.

Sunshine Committee



The Sunshine Committee sends cards to cheer members who are experiencing difficulties such as serious health issues or the loss of a spouse or loved one.

Please contact Kathy Hamilton through email at coordinator@oconomowocseniors.org or call the office at 262.567.4288 to suggest some sunshine be sent.



UNO Thursdays, September 3 & 17 10 am

Join us to play the fun and exciting game of UNO with surprise twists, wild cards, and lots of laughs!

You may call the Desk Volunteer at 262.567.4288 with any questions.

Can You Hear Me Now? Tuesday, September 15 1-3:30 pm Cost: \$40

If your ears feel plugged, your hearing seems dull, or you're dealing with itching, ear wax might be the culprit. Amy Williamson, a Certified Medical Assistant, is here to help. She will provide professional earwax removal and ear hair trimming.

Sign up in the office or call the Desk Volunteer at 262.567.4288 to schedule your 30-minute appointment with Amy.

Indoor Pickleball Wednesdays in September 12-2 pm ~ Cost \$25



Pickleball lovers will be continuing at Crosspoint Community Church Gym with the size limit of 16.

The fee is for 1 month to cover the cost of the gym. You will be paying for the month - no partial payments.

Sign up and pay with the Desk Volunteer. But hurry! First come, first served!

OASC Policy

For the safety of all members, our facility is smoke-free, tobacco-free, and alcohol-free. Firearms are prohibited in the Center.



Blood Pressure Check



A nurse is available every Monday, 11-11:30 am, to take blood pressure readings. This is also available upstairs at the luncheons. No fee.



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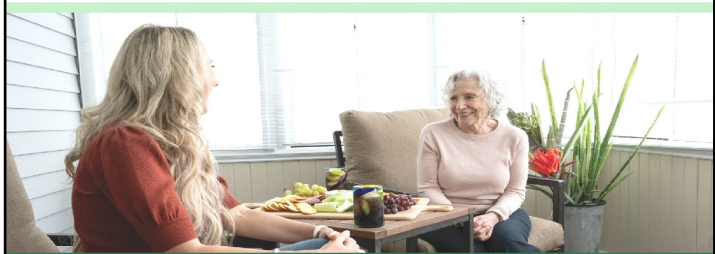
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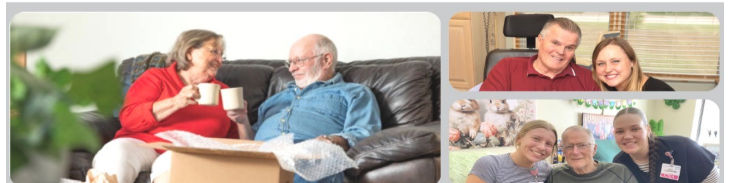
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Games, Activities, and Classes

GAMES

Bags (Cornhole) - 2nd & 4th Fridays, 9 am.

Bingo - Senior Center members only! - 1st & 3rd Fridays, 1 pm.

Bridge - Thursdays, 12:45 pm.

Bunco - Tuesdays, 12:30 pm. Fun dice game.

Chess - Fridays, 1 pm.

Cribbage - Tuesdays, 10 am.

Dartball - Tuesdays, 9:30 am.

Euchre - Tuesdays, 2:15 pm.

Farkle/10,000 - Thursdays, 10:30 am. Fun dice game.

Five Crowns - 1st, 3rd, & 5th Tuesdays, 9:30 am. Rummy-style card game.

Hand and Foot - Mondays, 1 pm. A game played like Canasta - only on steroids.

Mah-Jongg - Thursdays, 1 pm. Beginner and Intermediate.

Mexican Train Dominoes - 3rd & 4th Wednesdays, 1 pm.

Ping-Pong - Mondays & Thursdays, 9 am.

Beginner - Thursdays, 11:15 am.

Poker - Fridays, 9 am.

Pool - Wednesdays & Fridays, 9 am.

Scrabble - 1st, 3rd & 5th Wednesdays, 1:30 pm.

Sequence - Sundays, 1 pm.

Sheepshead - Mondays, 9 am & Wednesdays, 11:30 am.

Sorry! Board Game - Fridays, 10 am.

UNO - 1st, 3rd & 5th Thursdays, 10 am.

ACTIVITIES

Book Club - 1st Wednesday, 10:30 am.

Breakfast Club - 3rd Friday, 8 am, Café LaBelle at Shorehaven. **Registration is required.**

Dinner Club - 3rd Wednesday, 4 pm. **Registration is required.**

Golf - Days vary. **Registration is required.**

Hiking Club - Thursdays & Saturdays. Days vary.

Luncheon - 1st Monday of month at 12 Noon. **Registration is required.**

Mini-Adventures - Some months throughout the year. **Registration is required.**

Movie & Lunch - 2nd Friday, 11:15 am. Current movie with lunch for \$10. **Registration is required.**

ACTIVITIES (con't)

Music Makers - 2nd & 4th Wednesdays, 1 pm.

Indoor Pickleball - Wednesdays, 12 pm, Crosspoint Church Gym. \$25 fee per month. **Registration required.**

Outdoor Pickleball - Wednesdays, 9 am, Westover Park. **Registration is required.**

Spanish - Beginner - Wednesdays, 1:30 pm.

Spanish Conversation - Thursdays, 2 pm. Days vary.

Walking Club - Wednesdays only during the summer, 8:30 am, upstairs in the Clubhouse.

CLASSES

Basket Weaving - Some months throughout the year. Learn how to make a basket. There is a charge for the materials. **Registration is required.**

Card Making - 1st Tuesday, 1:00 pm. \$6 fee per class. **Registration is required.**

Chair Tai Chi - Mondays, 11:15 am.

Chair Yoga - Fridays, 2 pm. Days vary.

Craft Class - 2nd Tuesday, 1 pm. There may be a fee. **Registration is required.**

International Dance - 1st, 3rd, & 5th Fridays, 11:30 am.

Knitting/Crocheting - 1st, 3rd, & 5th Thursdays, 1 pm. Relax, socialize, and learn the craft.

Line Dancing -

Advanced Beginner class - Thursdays, 12:30 pm, \$2 fee per class for members.

Beginner - Thursdays, 1:15 pm. \$1 fee per class for members.

Beginner - Fridays, 12:45 pm. Days vary. **Registration is required.**

Low-Impact Exercise - Wednesdays, 9:15 am.

Pop-Up Walk - Mondays, 7:30 am.

Stretch Class - 1st, 3rd & 5th Fridays, 9:30 am.

Tai Chi & Qigong - Tuesdays, 10:30 am.

Advanced Beginner - 1st, 3rd, & 5th Fridays, 10 am.

Tech With Kate - Wednesdays, 9 - 12 pm. Days vary. **Registration is required.**

Woodcarving - 1st & 3rd Wednesdays, 9 am. Bring your tools.

PLEASE NOTE: If you are a current member of the OASC, you can attend most activities free! **Non-members are charged \$5 to attend.**

For more information please call the Senior Center at 262.567.4288.

OASC Membership Dues
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